Stop by Tom Rodebaugh’s lab on the second floor, and you might find yourself confronting what makes you most anxious. Public speaking? Meeting strangers? Opening up to a friend? [Click to read more]

Spotlight on a Ph.D. Graduate Alumnus – Alan Anticevic

Each year in the Psychronicle we like to highlight one of the individuals who graduated from our Ph.D. program. This year we are highlighting Dr. Alan Anticevic, who obtained his Ph.D. from the Clinical Science program in 2011, under the mentorship of Dr. Deanna Barch. Alan was born in Zagreb, Croatia, where the majority of his family still live. He came to the United States to complete high school, and then did his undergraduate degree at Drake University, earning excellent grades working closely with mentor Dr. Brian Sanders. [Click to read more]

Mike Merbaum retires

Mike Merbaum recently retired from the Department after almost 40 years of dedicated service to the clinical training program and the university. In the following paragraphs, we trace briefly the history of his career and, more importantly, the ways in which Mike has touched the lives of his students and colleagues. Mike grew up in Mt. Vernon, NY. He received his undergraduate degree from Drake University where he was captain of the tennis team in 1955. [Click to read more]

Follow-up: Jonathan Binstock (AB 1988)

As graduation approached for Jonathan Binstock in 1988, he still wasn’t sure which of his two majors to pursue in graduate school: Psychology or Art History. He had taken the GRE exam, including the Psychology subject test, and done well. He went to his Psychology advisor, Professor Len Green, for advice. Dr. Green asked him “Why Psychology?” and Jonathan replied, “To help people!” Then Green asked “Why Art History?” “I love art!” As Jonathan recalls it, “Len’s advice boiled down to ‘Just don’t hurt anyone’, and I figured I had less chance of hurting anyone by pursuing a career in Art History.” [Click to read more]
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This year marks my second year as Chair and proved to be both a busy and a productive year! We completed an extensive self-study this summer and fall in preparation for an external review of the department, our first in 12 years. This self-study was an important opportunity for us to take a step back and evaluate where the department is and where we would like to go. Completing this self study highlighted for me how wonderful our faculty and students are, in so many ways. They are excellent scientists and are making important discoveries and advances that help to move the field forward. They are also excellent teachers and mentors, providing their own knowledge to help shape a next generation of psychologists. Further, they give generously of their time and energy to provide service and leadership in the department, in the University, in the field, and in our community. So many of our faculty, postdoctoral fellows, graduate students and undergraduate students engage in community outreach and volunteer work, even though they have tremendously busy schedules with work and school. Their efforts make me proud to be the Chair of our department, and remind me of the importance of building community inside the department as well as making connections with our surrounding community.

We look forward to obtaining the feedback of an external review committee this spring, composed of four outstanding psychologists from other universities, including one member who is a prestigious alumna of Washington University (Elaine Walker). In part because of this self-study, we have made a number of changes in the department that we think are important new directions.

What’s in a Name? This year we changed the name of the Department from “Psychology” to the “Psychological & Brain Sciences.” There were two primary reasons to make this change. First, we wished to highlight the scientific nature of Psychology and the type of empirical scientific research for which our Department has an international reputation. Second, for many years now, we have had a significant subset of faculty members whose research programs focused on linking brain and behavior, in order to understand the neural mechanisms that give rise to psychological and behavioral phenomena. Thus, we think this new name nicely captures of the range of research covered in our Department. We note however, that the new name deliberately prioritizes “Psychological” as our primary focus continues to be on understanding the mechanisms that shape and drive psychological experiences.

New Major In Cognitive Neuroscience: This year, in addition to our long standing and popular major in Psychology (now Psychological & Brain Sciences), we launched an additional major in Cognitive Neuroscience. This new major was driven in part by requests by undergraduate students for a major that specifically focused on understanding how the brain thinks. Cognitive neuroscience refers to scientific study of the links between mental functions and how the brain and the central nervous system operate (see https://psych.wustl.edu/cogneuro for more details). The goal of cognitive neuroscience is to provide an understanding of psychological processes, such as attention, memory, thinking, and emotion in terms of physical principles and biological components. At the same time, it aims to provide psychological constraints on how the brain functions, computes, and generates behavior. Students who pursue the new undergraduate major in cognitive neuroscience will gain a strong foundation in how to study the brain and mind at many levels of analysis, including cellular biology, brain systems, cognitive and affective function, and neural computation. Further, students pursuing this major will gain an appreciation of the relationship between healthy cognitive and brain function and its breakdown in various disease states and disorders.

Supporting Undergraduate Students, Graduate Students and Postdoctoral Fellows: One of the most important aims of undergraduate, graduate and postdoctoral fellowship training to develop an identity as an independent scholar. We have many wonderful faculty members doing excellent research. The involvement of undergraduate students, graduate students and postdocs in this work is a crucial way for them to develop both theoretical and empirical skills. Thanks to generous support from donors such as John Stern (previous Department Chair), we have been able to provide undergraduate students with funds to conduct their own research projects, as well as to present their work at national or even international conferences. We also have been able to provide some support to graduate students to present their work at conferences. However, it is also critical for graduate students and postdocs to be able to branch out into their own independent lines of work. Thus, we started a major initiative over the last year to further support graduate students and postdoctoral fellows to develop their own research programs. For graduate students, we started two different research grant opportunities: Dissertation Research and Early Career Research Awards. The Dissertation Research Award funds a graduate student up to $1000 and supports a student to think creatively about their thesis work. An Early Career Research Award provides up to $750 for a student to work on either a master’s thesis or other research. This helps generate new and innovative ideas for students’ research programs. In addition, the department significantly increased the amount of travel funding for graduate students so they can attend and present at national conferences. This also allows them to meet other scholars in the field. For postdoctoral fellows, we just completed our first year of a program to provide research grants of up to $2,500 for three fellows each year. This will support the development of independent research programs and help foster the career paths of our outstanding postdoctoral fellows. Our ability to provide this support is funded in part by generous donations from L. Renee Gaiennie Research Fund. If you would also like to contribute, please see the description on page 32 of the newsletter about our Annual Giving program, with directions on whom to make a gift on-line or by mail.
What makes you most anxious

Tom Rodebaugh profile

Stop by Tom Rodebaugh’s lab on the second floor, and you might find yourself confronting what makes you most anxious. Public speaking? Meeting strangers? Opening up to a friend? They’d like to hear about it—and measure it precisely, and figure out how to help you overcome your anxieties. Since he joined our faculty as an assistant professor in 2005, Tom has been investigating anxiety disorders, with a focus on social anxiety, and honing advanced methods for measuring psychopathology and all sorts of other aspects of human behavior. In the fall of 2016, Tom will be taking over from Tom Oltmanns as Director of Clinical Training. (Oltmanns and Rodebaugh figured it would be easier on the clinical students if they didn’t have to learn a new name—just ask for Tom!) He is looking forward to the challenge; both Toms have been committed to keeping science and practice tightly integrated, and are keenly aware of how much work it takes to do so.

In addition to integrating science and practice, Rodebaugh has successfully integrated science and teaching. He has been recognized by the Graduate Student Senate of Arts & Sciences as an outstanding graduate mentor, and has won the departmental award for outstanding teaching. He has mentored an impressive cohort of graduate students, and plays a key role in the supervision of our students’ clinical training.

Tom joined the department after earning his PhD at the University of North Carolina at Chapel Hill and completing a postdoctoral fellowship at Temple University. Temple was a bit of a homecoming because Tom was born in Philadelphia, though his family moved to Lancaster, PA when he was in fifth grade. (Tom reports that becoming a vegetarian at ground zero for Pennsylvania Dutch cooking is a rough business, but that he has fond memories of Lancaster nonetheless.)

As a high school student, Tom fell hard for fiction writing and that took him to a summer program at the Pennsylvania Governor’s School for the Arts. There, he met Tess Thompson and fell hard for her too. They reconnected as undergraduates at Penn State, where they were both students in the honors program, and were married a few years after graduation in 1999. Tess is a PhD candidate in the George Warren Brown School of Social Work, where she is studying health disparities and the social context of health and illness. (So, not too far from psychology!) They have two kids, Meg (seven years old) and Ben (eleven years old). Both are into scouting. Ben is partial to Nintendo and Legos, while Meg’s current obsessions are Taylor Swift, the family dog, and building things.

Tom’s interest in social anxiety developed during his undergraduate years. He recalls researching labs to join and developing two criteria: The research should be aimed at helping people, and it should use measures beyond self-report. The faculty at Penn State who best met those criteria were working on anxiety disorders, so he signed up. He found that he was good at working with people and their anxieties, and the work proceeded naturally from there.

When Tom joined Dianne Chambless’s lab at the University of North Carolina, Chambless was coming off a large treatment study, and they were both keen for Tom to develop a paradigm that would be tractable for some smaller-scale laboratory studies. They worked up a paradigm for providing video feedback to people with social anxiety, and things took off. Tom’s current research portfolio maintains a focus on anxiety disorders, particularly social anxiety, but is imposingly broad. True to the criteria he developed as an undergraduate, his methods integrate self-report and objective behavioral measures. They also make use of laboratory and online measurement methods, interventional and observational studies, and a bit of neurochemical, neuroimaging, and behavior genetic methods. One theme running throughout the work is the use of advanced statistical methods and careful attention to measurement. This comment from a recent blog post (drrodebaugh.tumblr.com) exemplifies his thinking: “A typical problem in psychology is a data set that was collected such that the best techniques can’t actually be used to analyze it, so a thorough understanding of techniques before collecting data ends up being one of the most important aspects of study design.”

Tom’s sense of the large context of a research project, and his top-notch methodological chops, have been valuable assets as he has taken on an associate editorship for the Journal of Abnormal Psychology. He reports that he likes being confronted with the problem of assessing not just whether a paper is correct but also whether it is important.

The ultimate goal of Tom’s research is to improve the lives of people who feel themselves afflicted by anxiety. Tom’s view is that there’s good scientific reason to be optimistic, but that the field faces real practical challenges—particularly in the United States. Decades of work (including from the Rodebaugh lab) tells us that for social anxiety practicing in social situations (which therapists often call “exposure”) helps people get better. Some kinds of practice may work better than others—figuring out which is the scientific challenge. The practical challenge is: How do we get people to participate in this exposure, especially when many people with anxiety disorders are reluctant to come into the clinic. The internet may be an effective and efficient first-line solution to overcome this problem. Therapies deployed over the net are being developed elsewhere, but here in the U.S. there is limited economic incentive to do so. Expect to see the Rodebaugh lab up front both in developing effective treatment approaches and in coming up with solutions to get them to people who can benefit.

At the close of Tom’s academic vita, under “Other publications,” is an entry for photographs in Homegrown berries: Successfully grow your own strawberries, raspberries, blueberries, blackberries, and more. This came from Tom’s long interest in photography. When he is not working or chasing after Meg and Ben, Tom enjoys pursuing that interest, playing music, gardening, and walking with the family dog.

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Spotlight on a Ph.D. Graduate Alumnus

Alan Anticevic

Each year in the Psychronicle we like to highlight one of the individuals who graduated from our Ph.D. program. This year we are highlighting Dr. Alan Anticevic, who obtained his Ph.D. from the Clinical Science program in 2011, under the mentorship of Dr. Deanna Barch. Alan was born in Zagreb, Croatia, where the majority of his family still live. He came to the United States to complete high school, and then did his undergraduate degree at Drake University, earning excellent grades working closely with mentor Dr. Brian Sanders. He then took time before graduate school to work as a research assistant for Dr. Peter Lang and Dr. Margaret Bradley, at the University of Florida, Gainesville, where he gained important hands on experience in clinically relevant cognitive and affective neuroscience. He matriculated into our Ph.D. program in the Fall of 2005, and was highly productive in his five years in graduate school. He developed a strong research program examining the psychological and neural mechanisms that contribute to the impairments in cognitive and affective processing that make everyday life challenging for many individuals with psychosis, such as those who suffer from schizophrenia. He published a total of twelve articles from his graduate school work. Further, he did this while gaining excellent clinical training and participating in additional graduate training as part of the Cognitive, Computational and Systems Neuroscience (CCSN) pathway.

Alan went on to pursue his clinical internship at Yale University Medical School, completing internship in 2011. He then went on to work in the lab of Dr. John Krystal, Chair of the Department of Psychiatry at Yale University, as an Associate Research Scientist. This position allowed Alan to solidify his interests and skills in using computational psychiatry approaches to understanding the mechanisms leading to cognitive dysfunction in psychosis across levels of analysis (molecular, systems, psychological). Further, Alan was able to become involved in work using pharmacological models to understand such mechanisms as well. This training culminated in Alan being awarded the highly prestigious NIH Director’s Early Independence Award (DP5), a prestigious R01 grant award that allowed Alan to start his own Lab and to move into an Assistant Professor position in the Yale University Psychiatry Department. Alan now has a thriving lab and a growing international reputational as a leading computational and neuroimaging research in the domain of psychosis. In addition, Alan has recently become co-director of the Division of Neurocognition, Neurocomputation and Neurogenetics (N3), which he co-leads with Dr. David Glahn. Further, Alan has recently won the Schizophrenia International Research Society Rising Star award, a testament to the esteem with which the field holds his work.

We followed up with Alan to learn a bit more about what motivated him to follow this career path and to learn more about his experience in graduate school.

What made you decide that Psychological Clinical Science was the path for you?

Alan: I have been fascinated by the neural mechanisms underling abnormal human behavior since my academic career started. This interest was further fueled by the rapid advancements in human brain imaging, which allowed non-invasive study of functional and structural alterations in individuals suffering from psychiatric illness. The Psychological Clinical Science program at Washington University provided one of the few places in the country that combined a rigorous and broad foundation in clinical training with a cutting-edge scientific training in neuroscience and neuroimaging. Further, the Psychological Clinical Science program at Washington University allowed me to work in a clinical neuroimaging group in a Psychology Department, which is still relatively rare. I was particularly drawn to this environment that would open the opportunity to obtain excellent training in both clinical science and neuroimaging.

How early did you know that this career was what you wanted to do?

Alan: The burden of mental illness remains one of the great unsolved medical and societal challenges. If you examine measurable clinical outcomes, such as rates of conversion to psychosis, days lost to disability due to mental illness, suicide rates to name a few, the field of clinical psychology and psychiatry has not yet made a profound impact on the lives of the most severely mentally ill individuals. Abnormal behavior originates in the brain. Early during my undergraduate training my mentors helped me develop an intuition that severe mental illness is a brain-based problem affecting the brain’s complicated biochemical circuits. Put simply, there is an organ at play here (to borrow
a phrase from Dr. Tom Insel) and yet we, as a field, do not mechanistically understand the alterations that lead to profound behavioral abnormalities in the severely mentally ill. There can be complex breakdowns in neural computations that cause such behavioral alterations, just like a brittle bone these computations can ‘break’. Understanding these mechanisms, from neural systems to behavior, has been a guiding principle of my work and my career choices since my freshman year in college.

What did you find most challenging about graduate school?

Alan: Frankly, I look back on my graduate years at the Department of Psychological & Brain Sciences with a deep sense of fondness and gratitude. The clinical science program at the Psychological & Brain Sciences genuinely allowed me to garner the training and momentum that carries me forward to this day. So from a personal perspective I find it hard to reflect on my training as ‘challenging’. That said, I think the biggest intellectual challenge came from the pressure of managing time and roles as a clinical student that was also involved in the CCSN pathway and was executing a clinical neuroimaging thesis. I was pulled in many directions and had to wear different hats on most days. This balance was not always easy but it provided invaluable experience in the ability to ‘multi-task’, which is a skill that I have come to deeply value as a Principle Investigator.

What did you find the most helpful in successfully completing graduate?

Alan: The most helpful factors that allowed me to complete graduate school successfully centered on the truly supportive and collegial academic environment that the Department of Psychological & Brain Sciences fostered. This was compounded by the remarkable mentorship I received from many faculty in the Psychological & Brain Science Department and the CCSN pathway. I am also indebted to my close colleague Dr. Grega Repovs, who was a key member of the Barch lab as a post-doc at the time and with whom I continue to collaborate to this day. This multidisciplinary and broad mentorship allowed me to think ‘outside’ of the box during graduate school and pursue questions that could generate impact in the field as opposed to focusing on ‘jumping through hoops’. I was encouraged to take intellectual risks and had the supportive training environment to take such risks and devote my time to independent scientific ideas. Frankly, this is very rare and I remain deeply grateful for this opportunity. Finally, I found that the clinical science and neuroimaging training and research environment at Washington University was and continues to be one of the best in the world, fostering a ‘flat’ organization where students are treated like junior colleagues and pushed to think rigorously and independently about both the methods and application of clinical science and clinical neuroimaging.
Mike Merbaum recently retired from the Department after almost 40 years of dedicated service to the clinical training program and the university. In the following paragraphs, we trace briefly the history of his career and, more importantly, the ways in which Mike has touched the lives of his students and colleagues.

Mike grew up in Mt. Vernon, NY. He received his undergraduate degree from Drake University where he was captain of the tennis team in 1955. Affectionately known as “the diminutive slammer” by his teammates at Drake, he compiled a career record of 35 wins and 8 losses. After graduating from Drake, Mike continued his education in psychology, completing his masters degree in psychology at the University of Missouri (1957) and his Ph.D. at the University of North Carolina in 1961.

Mike’s professional career has included several different positions that help explain his broad theoretical perspective on psychological problems and their treatment. His first professional position was as instructor and staff psychologist for the Psychiatric Inpatient Service at the University of Chicago (1961-64) where he worked with several prominent psychoanalytic figures, including Otto Wihl, Sam Beck, and Bruno Bettelheim. From 1964 to 1966 he served as assistant professor and director of the Psychological Service Clinic at Bowling Green State University in Ohio (where he rubbed elbows with John Exner, the Rorschach expert). In 1966, Mike moved to the Institute of Advanced Psychological Studies at Adelphi University on Long Island, where he was appointed as associate professor. He was a member of the faculty at Adelphi until 1972. During that time, he also served as clinical assistant professor of psychiatry at Cornell University Medical College; as clinical supervisor for Ph.D. candidates in clinical psychology at the new graduate program at the State University of New York at Stony Brook; and as clinical consultant at the Nassau Center for Emotionally Disturbed Children.

Mike left Adelphi in 1972 to accept an appointment as Director of the Psychological Counseling Center at the University of Haifa in Israel, arriving just a few months before the Yom Kippur War. During that conflict, Mike worked at a psychiatric hospital with the Army Corps, helping those who had broken down during combat. Afterward, he enlisted in the Israeli Army and volunteered for basic training. These experiences in Israel, both as a faculty member and through his service in the military, led to some interesting papers on the effects of trauma and combat as they are influenced by personality characteristics of soldiers.

Mike was hired by the Washington University psychology department in 1978 to succeed Sol Garfield as the Director of Clinical Training. Mike served in that role until 1986, when Rick Kurtz became the next DCT. In addition to his extensive background with regard to assessment and various forms of psychopathology, Mike provided the clinical program with valuable expertise in the area of behavior therapy. His extensive clinical experience was an important strength in supervising graduate students as they learned basic clinical skills in the PSC. Over the next four decades, Mike taught a number of courses that were central features of the graduate and undergraduate programs at Washington University.

Mike’s most popular undergraduate course is called “Behavior Modification and Self Management.” His passion for this course is obviously drawn from both his clinical experience and his research activities. It reflects classic material included in his classic paper titled “Behavior Change through Self-Control,” which was written with Marv Goldfried, was published in 1973, and has now been cited hundreds of times. Mike required students to use the tactics learned in the class to solve a particular problem they were having (e.g., procrastination, nail-biting, and so on). He also instituted collaborative learning in that course, which was fairly novel when he first introduced it.

The astonishing athletic abilities that Mike exhibited as a college student have been maintained throughout his life. He has continued to play competitive tennis into his 80s. In 1986, he and his son, Mark, entered a national doubles tournament. They won the Midwest regional and qualified to play at the U.S. Open (where Mike recalls that they lost to John McEnroe and his father . . . but I think he is kidding).
For the past four seasons, Mike has served as an assistant coach and sports psychologist for the WU men’s tennis team. His focus has been on helping players to improve performance and manage performance anxiety using self-management skills. While Mike has been assisting the team, the Bears have posted three 20-win seasons and advanced to the NCAA Quarterfinals three times.

Mike remains actively interested in research and continues to collaborate with Mitch Sommers, studying phenomena that combine their interests in behavior modification, sensory processing, and aging. They recently co-mentored a senior Honor thesis by Aviya Landis, which was focused on individual differences in the impact of aging on self-perception of sensory decline. One of the more interesting findings from that study was that measures of hope and worry were better predictors of how sensory declines affected overall quality of life than was actual objective measures of hearing loss (that is, two individuals with nearly identical hearing loss will differ on how much they indicate sensory loss affects quality of life depending on whether they are high or low in hope). Mike Strube has recently joined this fascinating collaborative effort, adding his interest in personality and individual differences. Data have already been collected from almost 200 respondents from age 18-95. Mitch and both Mikes promise that this research adventure will continue to be an important focus for Mike Merbaum as he enters the retirement and Emeritus phase of his career.

After Mike has served our department for almost 40 years, it is very difficult to summarize what he has meant to all of us. We asked colleagues and former graduate students to reflect on their experiences with Mike. Their thoughts clearly converge on themes of compassion and wisdom.

Amy Heffelfinger (now Associate Professor and Director of Training in the Division of Neuropsychology, Department of Neurology, Medical College of Wisconsin) wrote:

“I do not have actual stories of Dr. Merbaum, but distinctly remember his kind smile and the emphasis he made on helping patients be gentle with themselves. I appreciated that knowledge, but I did not truly understand what he meant until I learned to be gentle with myself. I now routinely work with my patient’s parents (I typically work with preschool age children) on being gentle to themselves in order to be forgiving and kind to their children and significant others.”

Forrest Scogin (now Professor of Psychology at the University of Alabama) wrote:

“When I was a first year graduate student, Mike was a first year (at Washington University) faculty member, assuming the role of Director of Clinical Training. To say that I found the graduate training atmosphere to be intimidating would be an understatement of my emotional state. Yet there was Mike, always smiling, always encouraging, and helping me to feel as if this guy with a Southern accent belonged. I remain thankful for that Mike and I have tried to be that kind of faculty member to the graduate students I’ve had the privilege to train. Best of wishes for your retirement.”

Desiree White (Professor of Psychological and Brain Sciences at WU, former grad student and current colleague) wrote:

“I’ve had the pleasure of calling Mike both mentor and colleague. During graduate school I participated in his Clinical Ethics course, which was truly a remarkable experience. Then what a joy to come to know Mike even better when I joined the faculty at WUSTL. His keen insights have helped to mold the thinking of generations of clinical psychologists, this one included!”

Mike Strube (colleague at Wash U) wrote:

“Mike is one of the finest people I have ever met--wise, honest, and compassionate, but also a hell of a lot of fun to be around. I’ve known him for my entire career here at Wash U and what has been constant during that period has been how young at heart he is—like a little kid, but in the best way. For me, he has been a good life lesson on how to live a balanced and full life. In our profession especially it is easy to skew our lives in ways that might be temporarily and superficially impressive. Mike has always been so centered.”

And finally, Len Green (also a colleague at Wash U for many years) wrote:

“Three things come to mind immediately when someone asks me about Mike: his signature Behavior Modification seminar, his generosity of spirit, and tennis. His course has shown countless numbers of students the personal value of understanding the true determinants of behavior. But his course doesn’t stop there. It has made the lives of the students better by providing them the understanding of how their behavior is affected by the contingencies within their environment, and then by having them implement techniques to modify those contingencies and thereby improve their lives. And Mike practices what he preaches; he always has a smile on his face, is collegial, supportive – dare I say, reinforcing – and is willing to listen and provide assistance. I do need to modify that last statement, however, to almost always. Let me remind you of the third thing that comes to mind, namely tennis. Well, Mike will be there to offer any and all assistance and support unless it affects his backhand. Then you just may have to wait a little while.”
The modern world is fraught with stress and anxiety. Despite their ubiquity, stress and anxiety are the natural byproduct of many life goals, ranging from achievement in the classroom to successfully navigating the dating world. The necessary evil of stress and anxiety is more pervasive for those predisposed to anxiety; for the anxious or neurotic individual these feelings of anxiety are much more common.

Sara Weston, a graduate student in Social/Personality division, thinks stress and anxiety get a bad rap, and that there may be benefits to having the tendency to be anxious or neurotic. Her dissertation explores whether those high in neuroticism (think Woody Allen) may be more adaptive in some situations compared to those low in neuroticism (a laid back surfer archetype). While it is undisputed that we experience stress and anxiety due to our evolved fight or flight responses that were honed over millennia, few have asked if it is beneficial to be overly anxious outside running away from a tiger. Sara is examining how this anxiety may lead to productivity benefits in the domains of health and education. The idea is that heightened anxiety results in increased vigilance, which results in more focus or energy put forth for particular goals. Worried about the exam you’re going to take? Then study more to ease that anxiety. Worried about that mole on your back? Then get it checked out by a physician to cross off the worry. In other words, something negative may be channeled into a positive outcome.

Before she started studying neuroticism, Sara demonstrated that she is much more extraverted and outgoing than a typical burgeoning academic. During her undergraduate at Northwestern University she was a tour guide, leading packs of eager students and their families, striking up conversation day-in-day-out. She also enrolled in classes at Chicago’s famed Second-City, an improvisational comedy club. Her first lesson in improv comedy? That you need to learn to fail. Perfect training for the onslaught of rejections and intermittent rewards of academia. Sara emerged from her undergraduate experience high in extraversion, prepped for the tough love of graduate school, but unfortunately not any funnier.

After graduating in 2012 with a dual major in psychology and English and a minor in gender studies she joined the Personality Measurement and Development Lab, directed by Josh Jackson. Sara came to the lab interested in individual differences in language, which stemmed from her English major. At Northwestern she initially started as an English major because of her love for reading, but got frustrated when her professors could not address how language choice was related to the author’s intentions. Outside of setting age, social cliques, or maybe time period – what did word choices tell the reader about the character? She then decided that this question is really about personality; does how one says something give you insight into their mental states, of their preferences and goals and the lens they view the world? After this insight Sara became a psychology major to get the tools to empirically address these questions. After receiving an undergraduate summer research grant, she worked with Bill Revelle, a personality psychologist, on an independent project studying the link between personality and language.

Sara’s current research concerns how personality influences physical health. Already in her short career she has made meaningful advances in this area. Using a large nationally representative sample of older adults, Sara tested whether individual differences prospectively predicted the onset of health problems in older adults, such as the likelihood of having a stroke or a heart attack (Weston, Hill & Jackson, 2014). This study built upon a previous literature which established an association between health events and personality, but was unable to tease apart timing. Weston et al. was a major advance because the longitudinal design could better determine whether individual differences in personality constitute a true risk factor for disease onset. Most notable of the findings is that neuroticism serves as a risk factor for a number of chronic diseases, including lung disease, hypertension and diabetes. One additional reason it is not good to be like Woody Allen.

Building upon this personality-health association, Sara investigated the mechanisms that relate personality with these health outcomes. One important study was examining how one’s personality impacts the response to health information (Weston & Jackson, in press). By experimentally manipulating health news she was able to find that those with certain personality traits interpret and react differently to objectively the same health information. This personality x situation interaction study shed important insights on how personality influences the maintenance of health after disease progression. For example, neurotic individuals perceive relatively inconclusive information about one’s health as more important. These differences in perception could result in more stress as a result or it could lead to investment in health promoting practices like exercise or healthy eating.

In addition to her research pursuits, Sara is also an advocate for better science practice, supporting more advanced quantitative methods and open research practices. To accomplish both goals she uses R. No that is not the sound a pirate makes but instead a statistical software program that Sara is fanatical about. And with good reason given that it is free, flexible, and on the cutting edge of quantitative methods. Initially exposed to R while working with Bill Revelle during her time at Northwestern, Sara now spreads her evangelical message to all that will listen. To wit: she co-directs the R course mandatory for incoming graduate students, she is the current TA for graduate statistics where R is now required, and is running national workshops introducing new users to R (like APS this May). In addition she uses R to create reproducibility documents that include all the data manipulations and analysis code needed to reproduce one’s published results, in addition to providing scores of pretty graphs used to better understand that data and results. As lab mates and students can attest she is the go-to resource for R related questions.

While stress and anxiety may be a negative and necessary aspect of the modern world, Sara highlights the potential positives. While quantitative methods may be viewed by many as a negative and necessary aspect of research, Sara emphasizes the benefits of doing quality science. In both domains Sara’s lens is an optimistic one, fitting of her extraverted and outgoing personality. It is through this positivity that her research will have wide ranging effects from physicians and policy makers interested in identifying and helping at-risk individuals to students who want to better understand their research hypotheses.
Follow-up:
Jonathan Binstock (AB 1988)

As graduation approached for Jonathan Binstock in 1988, he still wasn’t sure which of his two majors to pursue in graduate school: Psychology or Art History. He had taken the GRE exam, including the Psychology subject test, and done well. He went to his Psychology advisor, Professor Len Green, for advice. Dr. Green asked him “Why Psychology?” and Jonathan replied, “To help people!” Then Green asked “Why Art History?” “I love art!” As Jonathan recalls it, “Len’s advice boiled down to ‘Just don’t hurt anyone’, and I figured I had less chance of hurting anyone by pursuing a career in Art History.” He now holds the position of Director of Memorial Art Gallery at the University of Rochester.

Jonathan Binstock grew up in Roslyn, Long Island. His father was (and still is) a self-made businessman and entrepreneur. He owned a company, Atwood Richards, which negotiated barter services between companies. He eventually sold that firm and in 2003 founded XpresSpa, an airport spa service. Jonathan’s mother, who passed away in 1997, held a Ph.D. in Psychology, and practiced as a psychoanalyst until she gave up her practice in favor of competitive ballroom dancing, which she pursued for the last ten years of her life.

Washington University was recommended to Jonathan by his mother. He trusted her judgement and agreed with her assessment of WU as the right college for him. During his initial visit Jonathan was able to stay with a friend’s older brother in his dorm, which provided a warm and positive impression of the university. When he entered his freshman year, Jonathan wasn’t sure what major to pursue, but felt good about the breadth of studies available to him here. In his first year he participated in the “Search for Values” program in Arts & Sciences, in which students all took the same courses, and which was coordinated by faculty members such as the late Burton Wheeler and David Hadas, both of whom taught in English and Religious Studies.

Jonathan declared a Psychology major fairly early in his college career, infected by his mother’s love of the discipline. He came to Art History by a more circuitous route: in the Search for Values program, there was a requirement to take either two semesters of Western Civilization, or one of Introduction to Art History. The second option appealed to him because of a distaste for history acquired in high school. The result was that he “fell in love” with Art History—he was good at it, and discovered in himself a facility for reading and understanding the visual arts. He valued the courses he took with faculty such as Angela Miller, Lawrence Steefel, Claudia Rousseau, and Bill Wallace. He also spent a semester abroad at University College London where he studied with the renowned expert in medieval and Renaissance art, John White, who had been a student of Anthony Blunt at the Courtauld Institute of Art.

Binstock and Len Green remain friends to this day, 30 years since their relationship began as undergraduate student and major advisor. Jonathan says Green and other Psychology faculty were “thrilling” to learn from, and he remained enthused and inspired by his Psychology studies, even though he says “I worked my tail off in Green’s “Learning” class—and only got a B or B+.” He feels that his two quite different majors integrated well in that they both helped him to develop his sensitivity and empathy, as well as hone his perceptual skills, whether judging behavior or aesthetics.

Following his graduation, Jonathan went to Chicago where he worked for the Jacques Baruch Gallery and as an intern at the Art Institute of Chicago before entering the University of Michigan’s Art History graduate program. There he realized that Len Green’s injunction to “do no harm” was not quite enough, and his intellectual passions came to be influenced by the scholarship and critical writing of African Americans such as Henry Louis Gates, Jr., bell hooks, Cornel West, and Kwame Anthony Appiah, people who produced some of “the most exciting critical writing of the 80s and 90s” according to Jonathan. As a graduate student Binstock was on the search committee that brought Sharon F. Patton to Michigan to become the historian of African American art, and he took classes with her and came to realize that there was a lot of great art by African Americans that had not enjoyed sufficient attention. This realization led to Jonathan’s adoption of the artist Sam Gilliam as his doctoral dissertation subject.
Binstock’s scholarship on Gilliam grew into a retrospective exhibition for the artist when Jonathan became Curator of Contemporary Art at the Corcoran Gallery in Washington D.C. It was a landmark exhibition for Gilliam whose hometown is D.C. But it took almost another ten years from the time of that show in 2005 for the international art world’s recognition of Gilliam’s work to catch up. Binstock’s monographic catalogue has become an important guide to the artist, who is now an international star and represented in the world’s great private and public collections.

From the Corcoran Gallery Binstock took his one and only position in the for-profit sector, with Citi Private Bank, as Advisor on postwar and contemporary art. In that position he worked with clients and their families in the US and abroad to build personal art collections, and assessed the quality and value of $1+ billion worth of artworks in the Bank’s art lending program.

Jonathan credits his experience at Citi with giving him the necessary skills to move from a curator’s role to that of museum director which he occupies at Memorial Art Gallery in Rochester. He explains the difference: “A curator gets to focus, dig deep into a subject, and become an expert. A director has to have a 360-degree view, considering things like how to refurbish the parking lot, how to incorporate a restaurant into the museum, how to appeal to Millennials, how best to utilize social media in promoting the museum...as well as envision the overall program of the institution.” Jonathan says he loves almost all aspects of his relatively new job at Memorial Art Gallery which he joined in September 2014, although working on budgets, understandably, comes in as least favorite. He is lyrical when describing his aims for the museum—to have it become a forum for lively, two-way conversations with the broader community of Rochester about art and what constitutes an aesthetic life. He is excited about the potential his job gives him to have a meaningful impact on the city and the region, the opportunity to make a difference in people’s lives, for encouraging people to think and talk more about aesthetics is, as he sees it, inherently a “good” thing.

Jonathan’s wife Ann was trained as a journalist and is working on a Master’s in Public Health. They have a 12-year-old daughter Ellen and live in Pittsford Village outside Rochester. They enjoy snowboarding and cross-country skiing in winter, and travelling the world in summer—they hope to visit Cuba this year. Everywhere they go they visit museums or art fairs, sharing as a family the passion for art which, for Jonathan, is both his work and his enjoyment.
Bidhan Lamicchane: Coming a long distance to get to WUSTL Psychological and Brain Sciences

One of the newest members of our department may have traveled the farthest, in terms of both geographic and scientific distance, to get here. Bidhan Lamicchane is a postdoctoral fellow who joined the Cognitive Control and Psychopathology Laboratory in May 2015. He is working on neuroeconomic studies of decision-making, with a focus on age-related changes in these processes, as part of a NIA-funded grant to myself, Len Green and Joel Myerson. I greatly enjoyed the chance to learn more about Bidhan and the non-traditional route that eventually led him to our department.

Bidhan was born and raised in Nepal, a country that is most famous for being the home of many of the highest mountains in the world, including the iconic Himalayan range and Mount Everest. Nepal and its capital of Kathmandu are also exotic fixtures in the popular imagination, well-known tourist destinations not only for the Himalayas, but also as the birthplace of the Buddha, and the location of hundreds of other exquisite monuments, sculptures, artistic temples, and magnificent works of art. Unfortunately, Kathmandu also has been a recent focus of attention in the news as a result of the devastating earthquake that occurred last April, right before Bidhan moved to St. Louis – more on that below. Bidhan is actually from a village near to Nepal’s second-largest, but much less familiar city of Pokhara. His village is located in the valley region of the country, which may explain why Bidhan is not an avid high-altitude climber. Nevertheless, he is an enthusiastic hiker, and says that hiking the Nepalese countryside is one of the things he misses the most now that he is no longer there. Bidhan brags that Nepal is one of the most beautiful places in the world for “trekking and adventures”, and based on even a superficial knowledge of the country, it seems hard to argue with that.

Bidhan began his educational and research training at Tribhuvan University of Nepal, which is the largest government-supported university, with multiple branches throughout the country. Bidhan says that he was always interested in the mind and brain, but there was not much support for educational training in brain sciences within Nepal. Like many also in the U.S. (and WUSTL in particular), Bidhan started out in a medical science track, because that was thought to be the most financially lucrative and was supported by his parents. By the time Bidhan was deciding on a masters-level equivalent program, he had to make a choice to be in either a biology-medicine group or a biology-physics one, as these were the only two options. Although he preferred to continue with the medicine group, this was the more competitive and selective one, and he could not afford to continue without a scholarship. Because he was skilled in mathematics, he decided to go through the physics group, which was still biomedically oriented, but allowed him to be more competitive.

After finishing his Masters-work, he decided to continue with further studies abroad, hoping to come to the U.S. As in many other developing parts of the world, Bidhan says that postgraduate opportunities in Nepal are very limited; over half of his student cohort left the country for further study, representing a case-study in “brain drain”. Bidhan was selected into a PhD program in Physics at Georgia State University in Atlanta. Although this may seem like a surprising choice for someone interested in the brain, Bidhan chose the department because he knew people from Nepal that were already working there, including his PhD supervisor Mukesh Dhamala, who had started a neurophysics research group focused on brain imaging investigations and methods. As I came quickly to learn from Bidhan, the “Nepalese-network” has served a very important role in his life and decisions, with a small but tight-knit Nepali community in many cities that provides connections, outreach, and support for newcomers to the area. Indeed, when I recruited Bidhan to come to WUSTL and join the lab, it was his connections with the St. Louis Nepali community that solidified his decision to move here. More on that also below.

As a PhD student, Bidhan’s research migrated to studies on the brain basis of decision-making, which is how I became aware of his work. Bidhan has become well-trained in sophisticated methods for understanding neural mechanisms of decision-making, with great technical and methodological skills in fMRI neuroimaging research. However, as Bidhan is the first to admit, it has not been an easy path for him. When he began his PhD research he had not previously done anything that was neuroscience-related. Indeed, all of his prior training had been mathematical and theoretical, rather than experimental. Thus, it was a steep learning curve and a dramatic adjustment to become sufficiently acquainted with experimental design, neuroscience fundamentals, and psychological issues. For his first research paper, Bidhan said that it took him almost as long to get familiar with the background literature and scientific context as it did to collect...
Bidhan is excited to be here now at WUSTL and a part of our department. He is trying to use his time as a postdoctoral fellow to become much more thoroughly acquainted with psychological theory and questions, and to take advantage of the amazing resources associated with our department and the wider research community. Bidhan realizes that he still has much to learn in the area of psychology and cognitive neuroscience, and so is in no hurry to leave. He says that he thoroughly enjoys the collegial atmosphere of the lab, department, and community, and feels like his research skills and understanding have already greatly improved since coming here. His current plan is to continue to make progress and contributions on the methodological side, which is his strength, while at the same time becoming more of an expert on the theoretical frameworks and questions, so that he will be in a position to start his own research program. In addition, he hopes to become more acquainted with cognitive aging, since after coming here he has been greatly intrigued by the unique research questions and societal importance of this domain. He hopes to soak up some of the unique intellectual stimulation and perspectives that are available within the WUSTL community.

Bidhan already has a full family, with his wife Sharada Sharma and two boys, Bishal and Bipul, aged 7 and 3, who moved with him to St. Louis. Bishal is a second-grader enjoying the year at Flynn Park, a school that has been home to many WUSTL families (including our own). Bipul stays home with his mother, who is a full-time caretaker. Although Bidhan says that they speak Nepali to their children at home, their children are already starting to prefer speaking English back and to each other, which we all know is a common trend among bilingual families. Although Bidhan seems young to me, he and his wife have already been married 10 years. They were married in Nepal, growing up in the same local area and meeting at university while they were in their respective master's programs. Unfortunately, Sharada is unable to work in St. Louis while Bidhan is still on a student visa. He is currently applying for a permanent green card, though nervous about the changing immigration policies regarding STEM OPT (optional practical training) extensions. If Bidhan is successful in obtaining permanent residency, Sharada would like to get additional educational training in the U.S. to take advantage of her Nepalese master's degree in journalism.

One of the most interesting things I learned from Bidhan while interviewing him was how much he has benefitted from the close-knit Nepali academic community in the U.S. and in St. Louis in particular. Although all of them were heart-broken by the tragedy of the Kathmandu earthquake last year, they quickly mobilized themselves to raise money for their compatriots, founding a number of groups in the Atlanta region and more recently in St. Louis. They figured out how to funnel donations to the areas and resources that needed them most. Thankfully, none of Bidhan’s family suffered personal loss or destruction from the earthquake, but he is painfully aware of how devastated the country has been from the disaster. He knows he is making his family proud by continuing his training in the U.S., as very few people from Nepal hold Ph.Ds. When Bidhan was first visiting St. Louis to interview and consider the post-doc here, he somehow figured out who were the other Nepalese at WUSTL, and quickly reached out. They immediately jumped into action, providing Bidhan with a place to stay during his visit (even though I offered a hotel!), took him around to look at housing options, and later facilitated his whole moving process. Now Bidhan lives in a University City apartment complex alongside 5 other WUSTL Nepali postdocs as neighbors. He said that having fellow Nepalese close by has greatly enriched his life here, as they share the common bond of culture and language, with their families finding ready companions and playmates. I definitely feel like our lab, and hopefully the department as a whole, has been and will continue to be enriched by having Bidhan be a part of it.
AAAS taps Washington University faculty Jeff Zacks as 2015 fellow

The American Association for the Advancement of Science (AAAS), the world’s largest general scientific society, has named Jeffrey M. Zacks, PhD to receive the highest honor awarded by AAAS in recognition of their distinguished efforts to advance science or its applications.

Zacks, professor of psychological and brain sciences in Arts & Sciences and of radiology in the School of Medicine, is being honored for distinguished contributions to the field of psychology, particularly understanding the neural and cognitive underpinnings of event cognition and mental imagery.

Zacks’ research explores what happens in the brain as we observe the world around us, including how representations in the brain and the world work together in perception and cognition. He teaches courses on “The Cognitive Neuroscience of Film” and “Advanced Cognitive Psychology.”

He serves as associate chair of psychology and directs the Dynamic Cognition Laboratory. He earned a bachelor’s degree in cognitive science from Yale University, and his PhD in cognitive psychology from Stanford University in 1999.

Zacks has worked or consulted at Bell Communications Research, Los Alamos National Laboratory and Interval Research. His research has been funded by the Defense Advanced Research Projects Agency, the National Science Foundation, the National Institutes of Health, and the James S. McDonnell Foundation.

He has served as associate editor of several leading journals and as chair of the governing board of the Psychonomic Society, the leading association of experimental psychologists. His scientific award and honors include fellowships with the Association for Psychological Science, the Midwest Psychological Association, and the Society of Experimental Psychologists.

Zacks is author of “Flicker: Your Brain on Movies” (2014) and co-author of “Event Cognition” (2014). He has published more than 70 journal articles and also has written for Salon, Aeon and The New York Times.
New & Retiring Staff

NEW STAFF | CHRIS EARP

Chris Earp joined Psychological and Brain Sciences as Accounting Assistant II. Prior to working in the administrative office he worked for Dr. Sommers in the Speech and Hearing Lab running participants and analyzing data for the Neighborhood Activation Model. Since moving to Saint Louis, Chris enjoys spending time in the outdoors with his wife Tara and camping and mountain biking with his son Milo.

RETIRING STAFF | VICKI BABBITT

Vicki Babbitt applied and accepted a position coordinating John Stern’s Behavior Research Lab, beginning August 1st, 1985. Two years later, the lab moved from the Malcolm Bliss Mental Health Center basement to the Eads Hall basement. There she worked for both John Stern & Martha Storandt’s Aging & Development Lab, coordinating the research and manually submitted grant documents.

In 1990 Vicki moved from the lab to a department-wide support position. This position included many tasks, from manually processing the original course evaluations to purchasing & reimbursements. Over the decades, she took great pride assisting undergraduates through emeriti associated with the Department of Psychology. In 2015, Vicki broke a femur which forced early disabled retirement.

Vicki now has more time to create jewelry, one of her passions since 2002 and she treasures the countless friendships she has made over the years. Vicki spent 30 years as a staff employee in the department. Her contributions will be missed.
40s

- Nancy Sutter Axford, BA '46 is alive and kicking and will turn 92 this year.

- Robert S. Karsh, BA '48 says, "My psych major rewarded me with a job." Robert taught introductory psychology for the University of MD while in the Air Force in France from 1954 to 1956. He has since retired from teaching and practicing rheumatology; he currently writes poems, short stories, and plays.

- Lelland Fletcher, BA '49 received his DDS in 1953, joined the Navy in 1952 during the Korean War, served 3 years and settled in San Diego, CA. He practiced dentistry until 1994 and is currently retired. Lelland has been collecting clocks and Music Boxes since then. He belongs to the National Association of Watch & Clock Collectors and Musical Box Society International, and turns 90 this year and is in good health. "I sure have fond memories of the Psychology classes I attended, especially the Experimental Course."

50s

- Donald W. Kaller, BA '52 is a retired Presbyterian Minister living in Chattanooga, TN. He is active in community activities and church programs, with special interest in environmental issues. Gardening is his hobby.

- Charles A. Berg, BA '53 is a retired DDS. He graduated from NYU dental school 1957, was in the US Army from 1957 - 1959. He had a Private practice until 2002. Charles was married for almost 60 years, has two kids and two grandchildren. He is going back to school LIR (Learning in Retirement). "Living is GOOD."

- Oliver Biederman, BA '54 continues to work as a volunteer Attending Physician at the UCSD Medical Students Free Clinic. Ollie and his wife Carol are also active in Homeless Outreach.

- Lester S. Garfinkel, BA '55 is living in L.A., CA. He is a retired Hematologist-Medical Oncologist. Les is active in the healing power of sound using a quartz crystal bowl as a member of the Integrative Oncology Dept. at the Disney Cancer Center in Burbank, CA.

- John H Manhold, MA '56 has always been interested in the Renaissance way of life. In his own words, "... had an ‘attention deficit’ that resulted in boredom after an amount of activity in any one area". As a result, John has degrees from three different universities in somewhat diverse areas that have led to lectures and consultations throughout the world. He has published 6 text books in the fields of medicine, dentistry and psychology and a lexicon in 4 languages. Recently, he received a Lifetime Achievement Award for these activities.
• John also acquired USCg Captain’s and Master’s papers and skippered his trawler on trips, one of which covered 6000 miles. He and his wife Kit also played a lot of competitive golf, both at home and internationally, until he reached a ‘stage of maturity’ that made competition at this level unrealistic. They returned to some of their earlier passions – competitive shooting. They joined the Single Action Shooting Society and is a member of the Cowboy Fast Draw Association. John medaled in the 2006 and 2007 World Senior Games and the 2007 Cowboy Fast Draw Nationals. Now retired, John writes novels (3 award-winners to date), reviews books for marketers and others, and teaches a university level course in writing/publishing. All this and he is also a talented and respected sculptor.

• Carlyn L. Parker, BA ’57 spent years in Healthcare, and is now a practicing realtor in Metro Denver, CO. She also teaches a class in the Medical Laboratory Science program of Metro State University in Denver. She is still busy and enjoying life! She would love to hear from her classmates: carlyparker@comcast.net

• Ferdinand Del Pizzo, BA ’58 went to medical school and became an obstetrician-gynecologist. Ferdinand turned 80 early this year, and has been retired for some years. “I always said my psychology background made me a better physician in my field.”

60s

• Susie Edelstein, BA ’60 worked as a child welfare worker for the state of Missouri after graduation. Two years later she had her first child and was a stay at home mom for 15 years, and working part-time. Then she went into sales for a small technology company which eventually became Office Max. She has been retired for 10 years.

• Yale S. Wolff, BA ’60 worked in Human Resources at Missouri Department of Mental Health facilities for 30 years. He is currently retired.

• Cheri Lee Lewis, BA ’61 recently celebrated her 50th wedding anniversary. For several years, after graduating from WU, she worked for P&G and Continental Can Corp in Market Research. After marrying, she concentrated on raising a family and being involved in numerous civic activities.

• Elmer J. Ulrich, BA ’61 is retired; he was an Ordained UCC pastor for 51 years. Elmer has been married for 57 years. He is a member (retired) of the American Association of Pastoral Counselors, and Pastor Emeritus (twice). He has four young granddaughters adopted from China.

• William H. Mathis, BA ’63 went on to law school, after which he practiced law in St. Louis until retiring in about 1990; thereafter, he pursued another active business interest until retiring in 2014. “My years at WU in St. Louis well prepared me for my succeeding years.”

• Ivan G. Sherick, PhD ’64 has been living in Ann Arbor, MI since 1971. He is a practicing psychoanalyst, trained to see children, adolescents, and adults. “My years at WU are fondly remembered by me.”

• Susan Moran, BA ’65 is retired from a career as a school counselor, and she lives in southern Arizona. She enjoys reading, hiking and horseback riding. Susan volunteers with Friends of the Library group and a local animal shelter.

• Neil Massoth, PhD ’66 retired from Fairleigh Dickinson University (May 2011) after 45 years and he is now Professor Emeritus. He maintains a private practice (Paramus NJ) 3 days per week and continues doing professional committee work (NJPA and APA). Neil’s leisure time is devoted to attending cultural events, travel, and time with five grandchildren.

• Richard L. Wessler, PhD ’66 is retired, in good health, and living in New York City and Vieques, Puerto Rico.

• James Burmeister, MA ’67 is retired from WU, but he still comes into the office a couple of days a week.

• Howard Paul, BA ’67 is still practicing psychiatry after all these years. Currently, he is practicing general psychiatry and addiction medicine 3 days a week at Beloit Hospital in Beloit, Wisconsin. Howard has also been dealing with chronic lymphocytic leukemia; this past year Howard has finished a 6 month course of chemotherapy and he was discharged from the hospital due to complications of his last cycle of chemo. He plans to go back to work soon.

• Stanley Woll, BA ’67 retired from the Psychology Department at Cal State Fullerton and is doing volunteer work as an ombudsman for assisted living facilities with the Council on Aging-Orange County. He also works with an impaired memory group at University Synagogue in Irvine. Stan also takes (and occasionally teaches) classes at the Osher Lifelong Learning Institute (Olli) at UCI.

• Arvilla Sheron, BS ’68 worked for 20 years in the field of special education in three states, Missouri, Michigan, and as executive director of a collaborative in Massachusetts. She is a full-time realtor in North Carolina.

• Paul Bainbridge, PhD ’69 is retired and living quietly. He keeps in touch with his daughters and friends.

• J. Michael Davis, BA ’69 is retired from a career as a corporate lawyer and lobbyist, primarily in the health insurance industry. Mike and his wife Ellie divide their time between Newmarket, NH and Stockton Springs, ME, are active birders, and enjoy their grandchildren immensely.

• Charles E. Frank, BA ’69 is the Senior Orthopedist at Advocate Condell Hospital in Libertyville, IL; he has been a practicing orthopedist for 34 years. “The background in Psychology from Washington U has been very valuable in clinical practice.”

• Hannah Niedorf, PhD ’69 says, “My WashU years were among the most significant in my life, and all the education and training stood me in wonderful stead thereafter.” She is retired from public service now but continues with a very small private practice, and is grateful to be reasonably healthy and active at 85!

• William F. Southworth, BA ’69 is cardiologist, practicing with a St. Louis group of cardiologists.

• George F. Walker, BA ’69 went on to receive a Master’s Degree in Counseling Psychology at WU and is ABD in Cognitive Psychology at Columbia University. George spent the last 38 years running commuter railroad operations on the west coast and New York City’s Grand Central Terminal.

• William Worthy BA ’69 is the director of the Historic Arkansas Museum, a state museum in Little Rock. “I have the fondest memories of Wash U.”

70s

• Steven Ginsburgh, BA ’70 had a 39 year career of HR accomplishments that spans several industries including: aviation, consulting, energy, beverage, chemical and utility. He has led projects globally on all major continents. He joined Universal Weather and Aviation in 2006 and retired as Senior VP of HR and Workforce Development for the Company, which had been selected as a Best Place to Work in Houston for seven years. During 2008-11 his departments’ projects were nominated for ten separate HR Houston Impact Awards and achieved the Organizational Excellence Award in 2010. He was selected for the HR Executive magazine Honor Role in 2012. His wife Alice (WU grad) is an assistant general counsel with Kinder Morgan, and his son Mitchell is a senior international assessment specialist with Educational Testing Service.

• Barbara Janger, BA ’70 taught elementary school ( mostly 5th grade) for 41 years, both in St. Louis and then in Scottsdale, AZ, where she has lived since 1978. Now in retirement Barbara spends her time in exercise classes, volunteering weekly in a classroom, getting together with friends, going to movies, and traveling.

• Kenneth A Kochbeck, BA ’70 is a retired Minister of the Gospel, United Church of Christ in Dallas, TX.
Robert Provine, PhD '71

Gail Ellis Meltzer, BA '71

Cheryl Ossenfort, BA'70

Jane Acri, BA '73

Ira Warshaw, BA '72

David R. Dietrich, BA '72

Raymond Dalton, BA '72

Robert Provine, PhD '71

Susan Loman, BA '74

Harry Berman, PhD '74

Debra S. Campbell, BA '74

J. Calvin Chatoles Jr., BA '74

Frank Gomer, PhD '74

Michael Lindner, BA '74

Susan Loman, BA '74

W. David Lytle, BA '70 graduated from Wash U Law in 1973. After law school, he and his wife moved to Pueblo, Colorado where they still live. He is still working and his practice focuses primarily on real estate and business matters for clients. He was President of the Colorado Bar Association (ABA) 2007-2008, and is currently a Colorado delegate to the ABA House of Delegates. He also spends time doing pro bono work and serving on a variety of non-profit boards.

Rudy V. Nydegger, PhD '70 retired from Union College and Union Graduate College but still maintains his private practice in Schenectady, NY. He is the Chief of Psychology at Ellis Hospital, a fellow in the American College of Clinical Psychology, a Diplomate in the American Board of Professional Psychology, past-President of the National Register of Health Service Psychologists, Past-President of the New York State Psychological Assn. and Past-President of the Psychological Association of Northeastern, NY. His seventh book, "Understanding Depression" came out early this year.

Cheryl Ossenfort, BA'70 and her family are all doing well. After living overseas for many years, she obtained her doctorate in Educational Psychology once back "home", and taught statistics at the college level for about 10 years. They live in Flagstaff, AZ now and are very involved with volunteering.

Joe J. Sindelar, BA '70 used his psychology degree to be a teacher and social worker from 1970 - 1980 in Louisville, Kentucky and then again from 1982 – 2009 in the Denver, Colorado area (mostly elementary). Joe retired in 2009. In 1979 and 1980, and now in retirement, he has returned to Mesa Verde as a seasonal interpretive ranger at Mesa Verde National Park. He plans to help celebrate the 100th anniversary of the National Park Service this year.

Judith Lurtz Lewin, BS'71 is a true-crime author, researcher and forensic genealogist. She was a Private Investigator Award winner in 2013. Also, Judy is a realtor with Worth Clark Realty. Find out more at www.judylewin.net

Gail Ellis Meltzer, BA '71 is a partner in a small CPA firm in Oklahoma City, OK. She has been a practicing CPA, primarily tax for 43 years. She has two grown, professionally successful daughters both of whom live close by and both attended school out-of-state.

Robert Provine, PhD '71 is Research Professor/Professor Emeritus at the University of Maryland, Baltimore County where he continues to write, conduct research, and do a bit of teaching. In recent months Bob has given invited lectures at Johns Hopkins University Medical School (Psychiatry), University of Freiburg (Neuroscience), UCLA (Anthropology), American Visionary Arts Museum, and the University of Bern (Neurology).

Raymond Dalton, BA '72 is the senior clinical psychologist at the St Louis Veteran Affairs Medical Center.

David R. Dietrich, BA '72 is a training & supervising analyst, and Past President of the Michigan Psychoanalytic Institute, and is in private clinical practice of psychoanalysis in Birmingham, Michigan. He was a visiting professor of psychoanalysis in 2010 at the Tribhuvan University Institute of Medicine, in Kathmandu, in the foothills of the Himalayas. Also, he is the past chair of the American Psychoanalytic Association’s Committee on Outreach, Growth & Development. He remembers fondly his graduate seminars with Dr. Saul Rosenzweig and Dr. Hyman Meltzer, and is appreciative of their mentorship while he was working on his Ph.D. at UIUC.

Ira Warshaw, BA '72 has been a practicing Family Physician for 33 years; he has been living and practicing in West Palm Beach, FL for the past 21 years. Ira is still married to his Wash U. classmate, Jane Geigerman Warshaw, with 3 grown daughters and 2 grandchildren.

Jane Acri, BA '73 is living and working in the Washington DC area. She works at the National Institute on Drug Abuse, (part of NIH) where they are developing pharmacological treatments for substance use disorders. Jane is responsible for medication discovery and toxicology.

Jean E. Mannino, PhD '73 spent most of her career in Child and Adolescent Mental Health Services for the County of San Diego. She and her husband (WU Med School grad and pediatric resident at the Children's Hospital) are now enjoying retirement. They have 2 adult children and 4 grandchildren. "We have the highest regard for WU and loved living in St. Louis...but the weather in San Diego is much better."

Darlene K. Wheeler, BA '73 works as a Clinical Psychologist in a rural, somewhat isolated, high desert valley area of California. She works in an outpatient clinic affiliated with the only hospital within about 100 miles. "I find my work both challenging and rewarding, much like my experience at Wash U so long ago."

Harry Berman, PhD '74 retired after having served as provost and then interim chancellor at the University of Illinois - Springfield, followed by service as Executive Director of the Illinois Board of Higher Education.

Debra S. Campbell, BA '74 runs a nonprofit that teaches teens about entrepreneurship and innovation, Forward Thinking Initiatives. Find out more at www.forwardthinkinginitiatives.com

J. Calvin Chatoles Jr., BA '74 received continued medical training at Montefiore Hospital, Bronx, NY (pediatrics) and then at NYU-Bellevue, NY (general psychiatry), and followed by a fellowship in child and adolescent psychiatry, Columbia-Presbyterian Medical Center, NY. He is a distinguished Life Fellow of the American Psychiatric Association (APA) and a Fellow of the American Academy of Child and Adolescent Psychiatry (AACAP). Calvin is currently an Associate Clinical Professor of Psychiatry at Rutgers University, and directs a Specialized Addictions Treatment Service with university Behavioral Healthcare in New Brunswick, NJ.

Frank Gomer, PhD '74 continues to work as a human factors engineer, with a focus on safety and accident prevention. His consulting practice is based in Oregon, on the coast. He says, "I benefitted greatly from the flexibility allowed by Tom Sandal and John Stern in tailoring my graduate curriculum, to include courses in Engineering and at the School of Medicine."

Ralph Kaywin, BA'74 is a graduate of the Doctor of Mental Health joint program from UC Berkeley and UCSF. He went on to become a psychoanalyst, graduating from the Psychoanalytic Institute of Northern California, where he is now a Personal and Supervising Analyst, faculty and Chair of the Progressions Committee. He is in private practice in Oakland, CA, is married and has two children.

Michael Lindner, BA '74 went on to get his MA in School Psychology, Ph.D. in Clinical Psychology, and then a certificate in Psychoanalysis. Michael has had a private practice in psychotherapy for the past 37 years and just retired after 38 years as a School Psychologist in a public school (first a High School, then 33 years in an elementary school). “Wash U opened up the gate and allowed me to enter the most wonderful field and have the career and life that can only be described as a dream come true. I hope you can send this to Professor Dr Tony Schuhmay, my major advisor. He was great.”

Susan Loman, BA '74 has been the Director of the Dance/Movement Therapy and Counseling MA Program at Antioch University New England since 1987. A Kestenberg Movement Profile (KMP) Analyst and expert, Susan worked closely with Judith Kestenberg for eight years, chaired four conferences on the KMP, has written numerous articles and co-edited three books, including, “The Meaning of Movement: Developmental and Clinical Perspectives of the Kestenberg Movement Profile.” She currently teaches the KMP system at Antioch University and has lectured and conducted KMP workshops in Germany, Italy, Switzerland, Argentina, England, Scotland, South Korea and the Netherlands, as well as throughout the United States. In December 2014, the ADTA gave her a Lifetime Achievement Award for her lifelong commitment to the field of dance/movement therapy. During her spring 2015 sabbatical, Susan developed a series of videos which shows examples of movement patterns in the Kestenberg Movement Profile (KMP) as observed in children six years of age and younger. As the project continues to develop, it is expected to result in a wide range of real-life examples of KMP movement patterns, seen in both children and adults, and will serve as a supplemental learning tool.


- Daniel Rubin, BA '74 is the Executive Vice President and CFO of Lincoln Center. He is married with two boys and lives in NYC. One of his sons lives in New Orleans and works for NY Life and is a graduate of Tulane; the other son is a psychology major at NYU and pursuing an MSW at NYU. Dan has fond memories of his psychology days.

- Cynthia Baum-Baicker, BA ’75 is the Board Chair of Scattergood Foundation for Behavioral Health, and she is the President of Section VIII, Div 39 (Couple and Family Therapy and Psychoanalysis) of the APA. Cynthia also has a full-time private psychotherapy practice in Philadelphia, PA.

- Sally Comin, BA ’75 has been practicing employment law for the past 21 years. She is a solo practitioner with an office based in Evanston, Illinois.

- Lisa Friendly, BA ’75 is the Senior Clinical Marketing Writer and Editor at Intuitive Surgical, makers of the da Vinci Robotic Surgical System for minimally invasive surgery. After graduating from Wash U. she earned her Ph.D. in Behavior Research at Adelphi University. She has two grown sons and a beautiful black Labrador retriever. She lives in Los Altos, CA.

- Joann Grayson, PhD ’75 is semi-retired. She does work part-time at James Madison University and also does evaluation work in private practice. She enjoys her two grandchildren, and still lives at Frog Hollow Farm.

- Randy Hammer, PhD ’75 retired in 2002 from a very active private practice. He lives in Destin Florida, plays a lot of golf, does charity work and just enjoys life.

- Victor Klodin, PhD ’75 is living in southern Oregon and continues to practice on a part-time basis. Most of his work within the past few years has been doing psychological evaluations for people requesting bariatric (weight loss) surgery.

- Nancy Lowenstein, BA ’75 is an occupational therapist and Clinical Associate Professor at Boston University College of Health & Rehabilitation Sciences in the Occupational Therapy program.

- Jane Plattner, BA ’75 is happily married and enjoying her private practice as a licensed psychotherapist in the mountains above Denver.

- Edward Wise, BA ’75 received the APA Society for Clinical Psychology (Div. 12) Award for Distinguished Professional Contributions in 2013. He serves as a Consulting Editor for the new journal, "Practice Innovations", (APA, Division of Independent Practice (Div. 42) and continues to actively practice and publish research related to his practice endeavors.

- Lyn Jenkins, BA ’76 was a social worker then became a counselor. At 50, she attended law school and currently works as a family law attorney in Texas.

- Lita Menkin, BA ’76 later received a joint JD/MSW in 1980 from Washington University. After practicing law for 10 years as a litigator she opened her own practice specializing in alternative dispute resolution. Lita lives in Atlanta with her husband and three kids.

- Linda Rudorfer Lefton, BA ’76 has been a high school counselor at William Cullen Bryant High School in Long Island City, NY for the past thirteen years. Linda also worked as a Middle and Elementary School Counselor in other locations as well as in a high school in northwest Connecticut. Since graduating she has obtained a Master’s degree as well as a School building/district Leader certification.

- Sam A. Bastien, BA ’77 gave 27+ years of service to New York State at St. Lawrence Psychiatric Center and retired in 2013. Sam served as Executive Director of the Center from 2005 to 2013. He has been the CEO of Four Winds - Saratoga, a private free-standing psychiatric hospital in Saratoga Springs, New York since July 2013.

- Clareeta McDaniel, BA ’77 spent 15 years working in corporate IT and consulting, she then obtained a Master of Arts in Counseling with a specialization in Student Development in Higher Education. For the past 17 years, she has worked in higher education as an academic advisor, director of graduate student services, and currently is serving as the Assistant Dean for Student Affairs at the Howard University School of Divinity.

- Tricia Krauss-Lehrman, BA’78 is a speech-language pathologist and owns a private practice in Dallas, Texas. She is a board certified specialist in fluency disorders and works with individuals of all ages who stutter. Recently she completed a training course in Acceptance and Commitment Therapy (ACT) and uses it in conjunction with more traditional speech/stuttering modification techniques with adolescents and adults who stutter.

- Janice Levy, BA '78 is a professor of photography in the Roy H. Park School of Communications at Ithaca College, Ithaca, NY.

- Perry Sailor, BA ’78 later earned a PhD in Research and Evaluation Methodology from the psychology department at Utah State. For the past 17 years he has worked in Institutional Research in the Office of Planning, Budget and Analysis at the University of Colorado in Boulder, where he is currently Senior Research Analyst and Assistant Director.

- Matthew Seiden, BA ’78 and his wife, Wendi, live in Manhattan (NY) and have three grown children, two of whom graduated from Wash U. Matt has an advertising agency and has remained active with the school through his participation in the Arts & Science and Gephart Institute National Councils.

- Ellen Shiwolich, BA ’78 is a singer/songwriter and writes for a music magazine as well. She is still interested in Psychology.

- Alicia M (Hajdu) Clarke, BA ’79 is in private practice as a Licensed Mental Health Counselor in Florida. She earned her MA in professional counseling at Denver Seminary. She has been married to Rev. Randall T Clarke, also Wash U grad., for 39 years; they have 3 children, 10 grandchildren, 1 great grandchild.

- Laura Schweitzer, PhD ’79 was a college president for six years, and then retired briefly in August, 2015. She currently holds the title President Emeritus. Shortly after she left the college, the president of SUNY University at Albany recruited her to a new post as Vice President for Health Sciences. Laura has been in that role since late 2015. She is married to fellow alumnus, Michael Grunenthal (Ph.D. ’81).

- Marlon D Twyman, BA ’79 now lives in Dayton, Ohio practicing Family Medicine. He says, “I have had the opportunity to use my psychology background on a daily basis. I enjoyed my time at WU and miss the friendships.”

80s

- Bruce Bikson, BA ’80 recently retired from private practice dentistry after 30 years. In the past 10 years he has been deployed with the US Army to Iraq and Honduras and has commanded the 2290th United States Army Hospital at Walter Reed Medical Center in Washington, DC. “I can't tell you how many times I have used my behavioral psychology in my life. From raising my children, to running a business of 10 employees and commanding a battalion of 200 soldiers.”

- Pamela Meyer, BA ’80 runs a deception detection training firm based in Washington DC called Calibrate . She gave a TED talk a few years ago that is in the top 20 TED Talks of all time and psychology is sifted throughout it. She would love for her alum colleagues to take a look!

- Robert F. Randolphi, BA ’80 is currently working as a Supervisory Health Scientist managing a communications and statistics branch for a division of the Centers for Disease Control based in Pittsburgh PA. After graduating from Wash U, he received a MS in Organizational Behavior and Theory from Carnegie-Mellon University.
• Cindy Scoce, BA ’82 continued her studies in Social Work after completing her Psychology major. In addition to receiving her MSW from GWB (now the Brown School) in 1982, she completed the Master’s in Jewish Communal Service from Hebrew Union College in Los Angeles. Cindy is married with three children. For the past 20 years she has served as the Executive Director at a large synagogue in L.A.

• Michael Gruenthal, PhD ’81 has been Chair of Neurology at Albany Medical Center for almost ten years. Early this year he was promoted to President of the Medical Faculty Practice. He is married to fellow alumna, Laura Schweitzer (Ph.D. ’79).

• Peter Lichtenberg, BA ’81 is in the process of validating a set of interviewer rating scales to assess financial decision making in older adults as part of his research to help prevent financial exploitation in this group. The work is funded by the National Institute of Justice, the State of Michigan, the Retirement Research Foundation and the American House Foundation.

• William N. Robiner, PhD ’81 is the Director of Health Psychology at the University of Minnesota Medical School. He was awarded the Joseph D. Matarazzo Award for Distinguished Contributions to Psychology in Academic Health Centers in 2015 by the Association of Psychologists in Academic Health Centers (APAHC; Section VIII of Division 12 of APA).

• Nina Cohn Stoien, BA ’81 is currently living in Northern California (with two 20-something sons!). She is working as Executive Director for non-profit California Preparatory Academies. You can email Nina at nstoien@theacademygroup.org

• Sandra Williams, BA ’81 went on to Webster University for a MA in Health Administration in 1987. She has worked for the Missouri Department of Mental Health, Anheuser Busch as a Human Resources Manager and now works as a Labor Relations Professional for the Retail Wholesale Department Store Union, an affiliate of the UFCW. Sandra is also very involved in immigration reform. She currently lives in Woodstock, GA and participates in the Atlanta WI alumni group.

• Randi Joffe, PhD ’82 has lived in Rochester, New York since graduating and is working as an independent contractor to two Rochester agencies – she completes assessments on special needs children aged 2-9 for Communication Place for Hearing, Speech, PT, OT and Psychology and also works as part of a respite group home program for families with children with significant behavioral management challenges. Randi recently celebrated her 34th wedding anniversary with Richard Cowen. She has two grown children - Dave Cowen, a screenplay writer in Los Angeles and a daughter, Lauren Cowen, who is currently in Medical school at the University of Rochester.

• Jay Nadlman, BA ’82 is currently a professor and chair of the Legal Studies Department at Johnson Country Community College.

• David B Cohen, BA ’82 was recently promoted to Systems Analyst V at the Texas Department of Rehabilitation statistically analyzing the state’s vocational rehabilitation programs. He continues to provide Hebrew and H.S. math tutoring in the evenings. David has been the concertmaster of the Williamson County Symphony since 2013.

• Cindy Scott Treece, BA ’82 stayed at WU to get her MSW in administration and then went to Arizona State from 1983-1986 to receive an MBA with a focus on marketing. Cindy has been a professional fundraiser in Dallas, Texas at one of the largest public hospitals in the country, Parkland Hospital since 1986! “I use my psychology degree every day as a Major Gift Officer to raise millions for Parkland, my church and our Boy Scout Troop.”

• Caryn Rosenthal, BA ’83 is happily living in South Florida. Her daughter graduated with a degree in illustration from Rhode Island School of Design last year. Her son Eric is currently a freshman at Washington University. For the past 12 years she has been working as a cruise and all-inclusive resort broker (VP Corporate Sales) for corporate incentive programs. Caryn is traveling the world and enjoying every day!

• Nancy Tice, BA ’83 is a psychiatrist in private practice on Long Island, NY. She says, “I’m really enjoying it.” Nancy is married with two children, a 19 year old son and a 16 year old daughter.

• Meryl Daskal Paniak, BA ’84 obtained an MSW and JD. She is currently employed by the State of Illinois Department of Children and Family Services as Chief Counsel for Legislative Affairs.

• Kenneth Shiffman, BA ’84 is a senior producer for CNN’s Documentary unit. During his 26-year tenure at CNN, Ken has produced more than 60 national and international documentaries and news specials and more than 50 news magazine segments and investigative stories. He also has produced live shots and taped segments for continuing coverage of major news events. And he has led field production teams on five continents in more than two-dozen countries, including Afghanistan, Cambodia, Indonesia, Lebanon, Northern Ireland, the Netherlands, Rwanda, Jordan, Egypt, Turkey, and Argentina. His productions and collaborations have earned more than 60 journalism awards, including a duPont-Columbia Award, two George Foster Peabody Awards, four Emmy awards, four National Headliner first-place awards, and three Overseas Press Club of America citations.

• Brent Wilson Reeves, BA ’84 is currently the (founding) Director of Multicultural Affairs and International Student Services at McKendree University, Lebanon, IL; he has served in this role for 18 years. Brent resides in O’Fallon, IL with daughter, Lauren Ashley Reeves (20) who is a sophomore at McKendree University.

• John C. Hanson II, PhD ’85 is presently a partner at The Barthet Firm in Miami, Florida where he practices commercial litigation and appeals. Also his daughter, Emily, is currently a second year graduate student in the Psychological and Brain Sciences department.

• Alison Lootens Putman, BA ’85 graduated from Univ. of Houston with an MSW in 1988 and began a private practice as a psychotherapist in Houston. In 1998, she founded Resolve It, Inc, a non-profit to provide professional counseling services to children who are victims of domestic violence, child abuse and neglect. In addition, Resolve It provides services to teens who are at-risk for school failure due to truancy and/or who are already in the juvenile justice system. She is married to Scott Putman and has 2 beautiful daughters, ages 11 and 14.

• Lynn Susan Buchinsky, BA ’86 is currently working as a Venture Advisor at the Blackstone LaunchPad at Kent State University, as well as creating start-up businesses to sell. Her daughter, Danielle, is currently taking psychology classes at Wash U.

• Michael Marc Glick, BA ’86 is doing well. Currently he is the Chief of the Criminal Appeals Division of the Illinois Attorney General’s Office.

• Omer Ahmed, BA ’87 is President of Abaris Capital Advisors, a Chicago based investment advisory firm specializing in alternative asset management portfolio structuring and advice for sovereign wealth funds, global financial institutions, international private banking operations and family offices. Omer completed a post-graduate program on investment decisions and behavioral finance at the Kennedy School of Government at Harvard University.

• Jaime (Friedenberg) Echt, BA ’87 has applied her psychology degree (with a Fine Art minor) towards better understanding how to meet the needs of her customers. Jaime owned a retail crafts store for 8 years, developed a line of stencils that people really liked, and now sell stencils to art and craft stores around the world. Life is good! You can find out more at www.thecrafterworkshop.com

• Steve Coen, BA ’88 completed a PhD in Clinical Psychology at Ohio University in 1993. He was first licensed in Florida in 1994 and now practices in Colorado Sprigs, Colorado, where he has lived since 2005. He works at Beacon Health Options as a Clinical Peer Advisor.

• Alison Block Gerson, BA ’88 is currently a Family Mediator in New York City. She works with families in conflict to open dialogue and create mutual understanding. For more information, please see her website: www.familymediationmatters.com
Debra Klausman Finger, BA ’91 says, “My years at Wash U still hold some of my most treasured memories.” Currently, Caryn is self-employed as a geriatric care consultant in New Jersey. Recently, she achieved certification as a SHARE counselor, through The Benjamin Rose Institute and FIT Interactive. SHARE is a research-tested, 5 session program for caregivers and their relatives with early stage dementia to better understand the disease condition and plan for the future.

Angela Rosenberg Hauger PhD ’88 is still at The College of St. Scholastica in Duluth, MN as a Professor of Psychology and Director of the Gerontology Minor Program. She has a private practice in downtown Duluth. She and her husband were empty-nesters for the first time this past fall semester as her son and daughter are both at The College of St. Benedict/St. John’s University.

Colleen Quinn, BA ’88 has earned two doctorates and a few post grad specialty certifications and has enjoyed working in a variety of capacities. She has traveled stateside and abroad; she has lived in at least six different cities, but now her home is in Springfield, MO. Colleen married and became a widow. She rescued and was rescued by her (now deceased) stray dogs and abandoned dogs.

Laura (Hartman) Reilly, BA ’88 lives in Niagara Falls, New York with her two teenage sons. For 14 years she has been teaching at the University at Buffalo Law School.

Gary Scheiner, BA ’88 went on to earn MS in Exercise Physiology and pursued a career in diabetes care. He is a Certified Diabetes Educator with a private practice near Philadelphia; he was named Diabetes Educator of the Year in 2014, and has written six books on diabetes treatment for patients and healthcare providers. Gary has been married for 26 years (Debbie Budish, BA ’87) and has four amazing kids.

Susan Skolnick, BA ’88 currently lives in Atlanta, GA, and is the Director of Development and Major Gifts for Special Olympics Georgia.

Ruth Davies Sulser PhD ’88 is still in St. Louis, soon to be the Acting Chief of Psychology at the VA STL Health Care System. She says that their psychology and training programs are still going strong.

James Nelson, BA ’89 says, “Wash U set me on a good course.” He is an attorney and partner in charge of Venable LLP in San Francisco, CA. Jim has good friends and family nearby.

Teresa M. Roberts, BA ’89 went on to get a Master’s of Science at Massachusetts General Hospital and Ph.D. in nursing, at Boston College. She is a nurse practitioner and professor at the University of Massachusetts, Boston. She has a 17 year old son and also provides emergency foster care for children in crisis.

90s

Arthur Goodwin, BA ’90 is currently a researcher with the University of North Carolina Highway Safety Research Center. He studies teenage drivers, distracted driving, motorcycle safety, occupant protection and other topics related to driving safety.

Allan Parungao, BA ’90 is now a Board Certified Plastic Surgeon practicing in downtown Chicago. “As weird as this sounds, I have fond memories of the animated Dr. Richard Goldstein’s Psych stats class and of Dr. Leonard Green’s charismatic teaching style.”

James Bailey, PhD ’91 is a professor and Hochberg Professor of Leadership Development at George Washington University. He frequently contributes to Harvard Business Review, and is the founder and editor of the online magazine lessonsonleadership.org.

Thomas Buescher, BS ’91 is currently retired from the St. Louis County Government.

Debra Klausman Finger, BA ’91 has been an assistant director of educational technology and lower school technology coach at The Shipley School, a PK-12 coeducational independent school in Bryn Mawr, PA for the past 8 years. She is married to Craig and they have two children: a son Ben who is a freshman at Penn State University, and a daughter Madelyn who is a sophomore in high school.

Douglas Herring, BA ’91 is a criminal defense attorney in New Jersey.

Kathleen Olowin, BA ’91 is a full time mother of four growing boys (20, 15, 11 and 4) and the author of Angels In My Heart: A Journey of Love and Loss. She works in Perinatal Bereavement support through a local miscarriage/stillbirth support group.

Amy V Davis, BA ’92 currently works at a Chicago area hospital as a pediatric neuropsychologist. She started the pediatric neuropsychology clinic over 10 years ago, which now has four pediatric neuropsychologists and an APA and APPCN accredited professional training program. In addition, her clinic is involved in pediatric sports concussions and autism spectrum disorders research. She has leadership roles in neuropsychological organizations, including AACN, and is the director of the Midwest Neuropsychology Group.

F. Richard Ferraro, Post Doctoral Fellow ’92 has been the Editor-in-Chief for the journal Current Psychology, published by Springer (NY), since 2013.

Fiona Elizabeth Gallahue, BA ’92 graduated from Washington University Medical School in 1997, trained as an emergency physician at NYU/Bellevue. Fiona is now the residency program director at the University of Washington in Seattle where she practices clinically, and spends much of her time educating residents to become great emergency physicians.

Marshall Gralnick, BA ’92 is in his 30th year with Schnuck Markets, Inc., doing visual merchandising and analytic work in the Financial Planning & Analysis System at the corporate office in St. Louis. He remains a 40 year resident of University City and look forward to hearing from classmates, who may reach him on Facebook or marshallgralnick@aol.com.

Tracy Haffner, BA ’92 received a joint MBA/BA Psychology degree via the “3/2” program. She currently lives outside of NYC with her family and COO of a cosmetics industry start up.

Jeanette Eicks, BA ’93 is working as a law professor at Vermont Law School focusing on the nexus between law and artificial intelligence as well as social justice issues.

Brenda Langhorst Grall, BA ’93 currently works as a perianesthesia nurse. She and her husband share a passion for global medical missions and feel blessed to be able to serve here and abroad.

Spencer Greene, BA ’93 is currently the director of medical toxicology and an assistant professor of medicine and pediatrics in the section of emergency medicine at the Baylor College of Medicine. He is also the director of the annual Houston Venom Conference. Spencer is married to Heather and they have two children, Cami and Riley.

David F. S. Hsu, BA ’93 currently lives in Arlington, VA, working as a Business Analyst for a software company that contracts with USDA to develop their online system for Food and Nutrition Services, specifically programs such as SNAP and WIC.

Laurie Moret, BA ’93 is a licensed psychologist practicing as an organizational and leadership consultant in the Washington, DC area.

Laura K. Sanders, BA ’93 is a Clinical Associate in Ophthalmology at the University of Chicago Pritzker School of Medicine and also works in a private practice as an oculoplastics specialist at the Chicago Eye Institute.

Melissa K. Smith-Groff, BA ’93 is an attorney, practicing at Husch Blackwell in Clayton, MO.

Lauren Stricof, BA ’93 has been working at HBO for 22 years and she is an Account Executive in the Domestic Network Distribution Group. Lauren has two children, twin boys, age 11.

Donna Boyer, MA ’94 still lives in Oregon and works at Intel Corporation as a Human Factors Engineer in the Software and Services Group. She has been at Intel for 17 years now. Last year she bought a farm and started an organic vegetable CSA in her spare time.
Therese Jacques, BS ’96

Mildred E. Fortune-Gilpin, BS ’96

Gayle Brosnan-Wa`ers, PhD ’96

Katherine Raichle, BA ’95

David V Powers, PhD ’95

Sam Sweet, BA ’97

Mindy Kronenberg, BA ’97

Nancy Hoagland, BA ’97

Laurel Leigh Duncan, BA ’97

Dana Pownall, BA ’96

Daniel Trachtman, BA ’96

Thomas Burroughs, PhD ’97

Alison Chasteen, PhD ’97

Lauren Leigh Duncan, BA ’97

Nancy Hoagland, BA ’97

Elizabeth Ryan, PhD ’97

Mark Chambers, BS ’98

Lori Cohen Scher, BA ’98

Rachel Glube, BA ’94 is a stay at home mom in New York City. Over the past 10 years, she has furthered her interest in Psychology by diving deep into child development, literacy, education, family dynamics and parenting. “It is extremely challenging and rewarding.”

Adam Schreiber, BA ’94 has been practicing acupuncture with his wife Teresa in Philadelphia for over 10 years. Adam has a 9-year-old daughter, Jolie, and a 7-year-old son, Jonah. The family lives in Center City, Philadelphia. You can check out his beekeeping blog here: timebeeing.blogspot.com

Jill Raney Schwadron, BA ’94 recently started a new career as a pediatric Speech and Language Pathologist; she lives in Raleigh, NC.

Rachel Stracka, BA ’94 lived in Mexico for a year doing community service volunteer work after graduating. A few years after crossing the border back to the United States she received an MSW from San Diego State. She has been a bilingual (Spanish) Licensed Clinical Social Worker since 2001, and since that time has had a private psychotherapy practice (InPsychCenter.com) in San Diego North County. Currently Rachael’s specialties include child abuse, perinatal mood and anxiety disorders/reproductive loss, trauma, and LGBT.

Tina Goldstein, BA ’95 is currently a Licensed Psychologist and Associate Professor at the University of Pittsburgh Medical Center in the Department of Psychiatry. Her program of clinical research focuses on the phenomenology, prevention and treatment of mood disorders and suicidal behavior in adolescents.

Alyse Levine, BA ’95 received a Master of Science in Education with a specialization in Counseling from Hunter College. She is currently the Founder and President of Premium Prep, LLC. Alyse was Associate Director of College Counseling at The Dalton School in New York City for over 10 years. Prior to that, she worked as Assistant Director of Undergraduate Admissions at Washington University in St. Louis and Associate Director of College Counseling at the Dwight–Englewood School, in Englewood, New Jersey.

Melinda M. Mersack, BA ’95 is a rabbi and the Director of JHUB, a joint initiative of the Jewish Federation of Cleveland and Jewish Education Center of Cleveland, OH. JHUB serves as a resource and support to families that are exploring Judaism, in a variety of ways. She is married to Mark Jacobs, another WUSTL grad, and they have three sons.

David V Powers, PhD ’95 is in his seventh year as Dean of the College of Arts & Sciences at Seattle University. He and his wife Amy have a son, Hersh, who is ten years old. They thoroughly enjoy being here in the Northwest.

Katherine Raichle, BA ’95 is now an Associate Professor of Psychology at Seattle University and an affiliate professor in the Department of Rehabilitation Medicine at University of Washington Medical Center. She has been working at Seattle University since 2006.

Elizabth Thurman, BA ’95 graduated in 2001 from University of Missouri-College of Veterinary Medicine. She has been small animal veterinarian for past 14 yrs., practicing in both Missouri and Florida. “Although my field is primarily animal medicine I believe my psychology degree has helped me to be more compassionate doctor and to understand and respect the human-animal bond.”

Gayle Brosnan-Watters, PhD ’96 retired from Slippery Rock University in PA in 2008, and moved to Arizona to live with her husband. There, she taught full time at Arizona Christian University in Phoenix. She turned 70 in February, and thus retired in 2015; she is moving back to Upstate NY, where she is from, with her husband. While in NY, she might teach classes as an adjunct, or she will be content to retire and spend time with friends and family.

Mildred E. Fortune-Gilpin, BS ’96 has had a satisfying career in Community Mental Health for the last 14+ years.

Therese Jacques, BS ’96 is currently employed at Saint Louis University as a full-time therapist in the University Counseling Department. In addition, she is a Licensed Professional Counselor (LPC) in Missouri.

Dana Pownall, BA ’96 received a JD in December of 2014, with a focus on public interest law. She leveraged her psychology degree, sales experience, and JD to move into a position in a legal non-profit as the Director of Development. “I have many fond memories of Professor Finger’s neuropsychology class.”

Daniel Trachtman, BA ’96 received his master’s in graphic design after Wash U. He works as the creative director at a nonprofit in Washington DC. Daniel lives in Takoma Park, MD.

Thomas Burroughs, PhD ’97 is at Saint Louis University, running one of the three degree granting centers. They do traditional research, external consulting, training programs and graduate degree programs in data science, outcomes research and clinical research.

Alison Chasteen, PhD ’97 was promoted to Full Professor in the Department of Psychology at the University of Toronto. She was also awarded fellow status in the Society of Experimental Social Psychology and in the Gerontological Society of America.

Laurel Leigh Duncan, BA ’97 spent 17 years as a research coordinator at Vanderbilt University studying depression and anxiety in adolescents. She currently serves as a Peace Corps volunteer in Albania. She works in the Health sector, training mental health participants on group therapy.

Amy G. Fields, BA ’97 was named Vice President and Chief Human Resources Officer for HBM Holdings. Amy also has her Master’s degree (social work and organizational dynamics) from Washington University. She began her career in Cambridge, MA with Transakryotic Therapies, subsequently moving to Thomson & Thomson (now Thomson Reuters) in Boston. She returned to St. Louis for her graduate degree, and then joined TelePacific Communications. She then held several positions of increasing responsibility at Soluta Inc. before joining Amerinet as its CHRO shortly after Soluta was sold to Eastman Chemical Company.


Mindy Kronenberg, BA ’97 is a clinical psychologist specializing in infant mental health and trauma. She has a private practice in Memphis, Tennessee. She also contracts with the state government to promote the Infant Mental Health workforce and is a national trainer on child-parent psychotherapy. In 2014, Mindy co-edited a book, Treating traumatized children: A casebook of evidenced-based therapies, which was published by Guilford Press.

Elizabeth Ryan, PhD ’97 is an Assistant Attending Neuropsychologist at Memorial Sloan Kettering Cancer Center in New York, New York. She received her ABPP-CN (2006) and has received foundation and federal grants for her research.

Sam Sweet, BA ’97 completed a doctorate in clinical psychology at DePaul University in Chicago in 2008. Currently Sam works for Kaiser Permanente in San Francisco assessing children and adolescents suspected of having ASD or other developmental disorders.

Mark Chambers, BS ’98 earned a Ph.D. in History at Stony Brook University in New York in 2012, and is currently teaching African American, American and Environmental History in the New York area.

Sheryl Grossman, BA ’98 is a Consultant with the Job Accommodation Network (JAN): http://AskJAN.org. On the side she runs the only international support group for people with Bloom’s Syndrome and their support networks (www.bloomsconnect.org)

Lori Cohen Scher, BA ’98 completed a Master of Arts in Counseling and Student Personnel Psychology at the University of Minnesota-Twin Cities in 2000 and a Ph.D. at George Mason University in Education Policy in 2010. Currently, Lori is Assistant Dean for University Life at George Mason University and also holds a part-time appointment as Director of Academics with George Mason’s Higher Education Program. She is married with a 2 year old daughter and lives in Alexandria, VA.
• Anita (Vempaty) Shrikhande, BA ’98 married a fellow Wash U grad from the class of 1999. She is currently a practicing Allergist/Immunologist in Rochester, NY.

• Susan Bongirolli Bowen, BA ’99 currently lives in Shaker Heights, Ohio with her husband Mike and one-year-old son Isaac. She is a pediatric neuropsychologist at Rainbow Babies and Children’s Hospital and assistant professor of pediatrics at Case Western Reserve University School of Medicine.

• Danette C. Haynes, BA ’99 works full-time for Multnomah County, in Portland, Oregon as a Client Relations Specialist, handling complaints, grievances and appeals from clients with Medicaid insurance. She also has a private practice as an LCSW, in which she is exploring the bridge between psychology and spirituality, called Catching Flight Counseling & Consulting, PC (www.catchingflightcounseling.com). Danette is happily married, and living in a triplex with her husband, mother and mother-in-law!

• Anita Rajendra, BA ’99 lives in Atlanta with her husband and 3 children. She recently launched an online business, La Belle Bump, which rents stylish, high end maternity clothes.

• Neilesh Shelat, BA ’99 is currently at the National Security Council at the White House serving as the Director for Development and Democracy.

• Trutina Maria Sowell, BA ’99 received a PsyD and she is working as an Educational Psychologist with Wake County Schools preschool services in North Carolina. She is the mother of an amazing 11 year old son, Solomon, and wife to a good kind hearted man, Grady. “Life fills good, my heart is happy and my soul is rejoicing.”

00s

• Tal Alon Gospin, BA ’00 is a pediatric cardiologist in Houston, TX, where she has been living for the past 6+ years. She also has her own practice in Pediatric Cardiology Care. Please check out her website (www.pccohouston.com)!

• Justin P. Katz, BA ’00 is still alive. He is an attorney in the Baltimore-Washington area. Justin remains very interested in brain science and philosophy of mind as an occasional pursuit.

• Anna McKay, BA ’00 is currently living in Houston, Texas and working as a Career and Life Coach.

• Wanda Wright, BS ’00 is employed with the State of Missouri for 30 years and is considering from the workforce by working part-time for a few more years. After Wanda obtained her bachelor degree in Industrial and Organizational Psychology she went on to complete a certificate in business administration.

• S. Elizabeth Gehr, PhD ’01 is still working at The Boeing Company. She works on the defense side, researching and developing new training technologies to make military training more efficient and personalized. Find out more at http://www.apa.org/action/careers/business/liz-gehr.aspx

• Laura Marx Kloper, BA ’01 lives in the Boston area; she is married with two kids. Laura works at a technology company called Polycom that builds voice and video conferencing solutions and she manages a strategic alliance with Microsoft.

• Jacquie (Perry) Avery, BA ’02 earned a Ph.D. in Clinical Psychology at Wayne State University and is now practicing pediatric neuropsychologist in the twin cities (MN). ”I have very fond memories of Wash U and my wonderful undergraduate mentors!”

• Nickole Beseau, BA ’02 remains in the St. Louis area. After graduating, she received a Master’s in Education from Northwestern, and she is currently a 4th grade teacher in the Ft. Zumwalt School District.

• Benjamin Finder, BA ’02 completed an MPH at the George Washington University in Washington, DC, where he lives with his wife and daughter. Ben is a Senior Analyst at the Medicaid and CHIP Payment and Access Commission, where he focuses on Medicaid payment and benefit policy, including issues related to the financing of behavioral health services for low-income individuals.

• David Gallo, PhD ’02 recently started a three year term as Associate Chair of the Department of Psychology at The University of Chicago. His wife, Laura Lodewyck, who was an RA at Wash U’s Psych Department, has just started as Assistant Professor in the Theater Department of North Central College. They are very happy to have moved their family out of the city and into a house.

• Jennifer James Martin, BA ’02 is a choreographer, aerialist and dancer based in Brooklyn, NY. She is the owner of MIXT Dance, which provides performing, choreography and production elements for all types of events, and she manages the aerial department at Body & Pole. She lives with her husband and 2-yr old son and is expecting another little boy this year.

• Andrew Richter, BA ’02 is a Commercial Real Estate Appraiser. Currently he is a Principal and the Director of Commercial Valuation for Real Valuation Services, a commercial and residential appraisal company in Illinois, Wisconsin, Indiana, Missouri and Florida.

• Melissa Robinson-Brown, BA ’02 went on to obtain a Ph.D. in Clinical Psychology with a child and family subspecialty from Loyola University Chicago in 2008. Currently, she is an Assistant Professor in Pediatrics and Psychiatry at the Mount Sinai Adolescent Health Center in New York City; additionally she is the Co Training Director for the Psychology Training Program. Melissa maintains a small private practice in New York City. She and Antoine Brown (Wash U Alum, 2002, Business School) have been married since 2006 and live in Montclair, New Jersey with their two daughters.

• Stefanie Erin Sanger, BA ’02 owns Clayton Wellness Center, which is a chiropractic and acupuncture practice in downtown Clayton, MO. She specializes in pregnancy, fertility, and women’s health, in addition to general wellness care.

• Kristen (Whittle) West, BA ’02 is a LCSW working for Kansas City Psychiatric and Psychological Services (KCPPS). She is a therapist with their adolescent group.

• Lauren Rosenthal Zalis, BA ’02 is a pediatric occupational therapist and co-founded a multidisciplinary pediatric practice in Greenwich, CT.

• Louise Berdan, BA ’03 is currently practicing as a pediatric psychologist in an integrated primary care setting in Chicago. Outside of work, Louise and her husband are excited to be expecting their first child in the spring.

• Laura Brown Coulam, PhD ’03 works at Vanderbilt University Medical Center in the Department of Neurology as a clinical neuropsychologist. Laura is also a mother to three boys, ages 4, 8, and 10; she very much enjoys living in Nashville, TN with her husband and sons.

• Nicholas Eaton, BA ’03 received his Ph.D. in clinical psychology from the University of Minnesota in 2012. That same year Nick started as an assistant professor of psychology at Stony Brook University where he currently has four Ph.D. students in his lab.

• Maureen G. Giraldo, BA ’03 received an MSW from Loyola Chicago 2007. She works at Harmony Healthcare in Las Vegas, NV offering mental health therapy in Spanish and English.

• Benjamin Harell, BA ’03 currently resides in San Jose, CA and works as the Deputy Chief Compliance Officer and Counsel at Technology Crossover Ventures, a growth equity firm in Palo Alto, CA.

• Laurel McCluskey, BA ’03 completed a Master’s in Public Health from Johns Hopkins University and has been working as the Executive Director for a chronic disease prevention organization. She is also a professional opera singer and lives in Denver, CO.

• Jill Munoz, BA ’03 is currently the fellowship coordinator for the divisions of allergy & immunology and Rheumatology at Washington University School of Medicine.
• Sarah Kao-Yen Tsou, BA ’03 is currently a partner at Kirkland & Ellis in NYC, specializing in Intellectual Property litigation. “I’m happy to report that I use the skills I learned as a Psychology major at Wash U every day.”

• Lisa K. Fazio, BA’04 is currently an assistant professor in the Psychology and Human Development department at Vanderbilt University.

• J. Scott Hanson, PhD ’04 spent 13 years as a marketing research consultant, but has returned to academia full-time as Director of the Master of Science in Marketing Research (MSMR) program at The University of Texas at Arlington. The MSMR program ranks among the premier programs in the country. As the new director, he is focused on expanding marketing and recruitment efforts to include social sciences and communication as well as the traditional business degrees.

• David Sandell, BA ’04 works in Boston as a Portfolio Manager for Walden Asset Management, a division of Boston Trust & Investment Management Company that specializes in managing portfolios for investors with a dual mandate: competitive financial returns and positive social and environmental impact. David and Lindsey Smookler Sandell (Olin ’07) just welcomed their daughter, Simone Rose Sandell, into the world in late 2015. They say she is “the next generation of Wash U!”

• K. Alexander Smith, BA ’04 is the Medical Director of LifeServe Blood Center, Des Moines, IA; K. Alex is married with two awesome kiddos.

• Agnes M. Stairs, BA ’04 is a licensed psychologist in Nebraska working for the Nebraska Department of Correctional Services, specifically, the Omaha Correctional Center. She has worked there for over 5 years.

• Sarah Holtz Stout, BA ’04 received her MSW in ’07. She is back working at the Knight Alzheimer’s Disease Research Center (Washington University in St. Louis) as a Clinical Research Coordinator. She works on a study looking at pre-clinical Alzheimer’s disease, driving, and navigation. “Dr. Denise Head is one of the investigators on their study. It is really interesting work!”

• Aaron Winkler, BA ’04 is back finishing medical school and applying for residency in Psychiatry after 5 years of lighting rock bands. He has a wonderful wife Cassie and new twin babies, Zoe and Judah. This year he will be in St Louis for the 25th anniversary of his Wash U a cappella group, the Mosaic Whispers.

• Kate Wissehr, BA ’04 lives in St. Louis with her 3-year-old son Ben. She works at Enterprise Holdings managing digital strategy for the Enterprise Rent-A-Car, National Car Rental and Alamo Rent A Car brands.

• Tara Lohr Bringley, BA ’05 is currently an Assistant Principal at Eagle Academy for Young Men at Ocean Hill, a public all-boys middle and high school in Brooklyn, NY. Tara is married with two goofy little children.

• Jenna (Burnett) Brody, BA ’05 worked in advertising for several years before deciding to change careers. She just completed a Masters in speech-language pathology. Jenna also welcomed her first child, Ryan Benjamin in September, 2015.

• Natalie (Ray) Curry, BA ’05 graduated from Wash U in 2006 with an MSW from the Brown School (a 3-2 program). She has been in full-time social work practice since 2006; in August, 2015, Natalie started teaching full-time at Missouri State University as a Clinical Instructor of Social Work.

• Lauren Harte-Hargrove, BA ’05 is doing well! She is living in Houston with her husband and 2 year old son (and she had another son earlier this year). Lauren is the Project Manager for the International League Against Epilepsy/American Epilepsy Society Translational Research Task Force.

• Jessica Kroll-Zambito, BA ’05 moved back to Gainesville, Florida to obtain her Master’s in Human Nutrition. Jessica then went to dental school at the University of Florida College of Dentistry, and is currently living and working in Orlando with her husband.

• Justin Lerner, BA ’05 is currently working at NYU as a Residence Hall Assistant Director in the Office of Residential Life & Housing Services. He is also currently pursuing a Ph.D. in social work at NYU.

• Lisa Marchiondo, BA ’04 received her Ph.D. in Psychology from the University of Michigan, and her areas of research include the intersection of workplace mistreatment, leadership, and diversity. She was a professor in I/O Psychology at Wayne State University in Detroit, MI but moved last summer to the Department of Organizational Studies in the Anderson School of Management at the University of New Mexico as an assistant professor.

• Melissa Mosley, BA ’05 is currently a 2nd-year doctorate of physical therapy student at Duke U. Melissa got married in 2011 to another Wash U classmate, James Meldrum.

• Elana (Graber) Szczesny, BA ’05 went on to graduate school and received a Ph.D. in clinical psychology from the University of Delaware. Elana now works as a psychologist at the Philadelphia VA Medical Center as part of primary care-mental health integration.

• Kyle Wagner, BA ’05 is a Nationally Certified School Psychologist and currently pursuing a Ph.D. in Educational Psychology at the University of Minnesota.

• Erica M. Brandling-Bennett, PhD ’06 is a board certified clinical neuropsychologist in a neuropsychology practice in Seattle, Washington that is affiliated with the University of Washington. She lives loving the Pacific Northwest. Erica and her husband, Ron, are busy with their two kids, Xander (age 5) and Zoe (age 4).

• Kelly Lynn Donahue, BA ’06 is a licensed clinical psychologist. She recently completed a postdoctoral fellowship at the Indiana University School of Medicine in the Department of Pediatrics’ Section of Adolescent Medicine and continues to serve the department as a Visiting Clinical Psychologist. In Sept. 2015 she also joined Bloom Psychology Services, LLC, a private psychology practice co-located within a large pediatrics primary care office in Indianapolis, IN.

• Seth Goodman, BA ’06 is “still using the lessons learned at Wash U.” As a consumer/patient marketing consultant at ZS Associates, he manages market research projects designed to uncover insights into the drivers and barriers of customer beliefs and decisions.

• Austin Lin, BA ’06 is currently the chief resident at the Harvard South Shore psychiatry residency program, and he will be doing an addiction psychiatry fellowship next year at UT Southwestern Medical Center.

• Aurielle Shatz Wilderman, BA ’06 now resides in Tenafly, NJ.

• Emily (Laird) Bilek, BA ’07 just received a Ph.D. in clinical psychology this past August. Emily and her husband (Eli Bilek, also a Wash U alum from 2007) live in Ann Arbor; she is currently completing a postdoctoral fellowship at the University of Michigan Mary A. Rackham Institute.

• John B. Bulevich, PhD ’07 was recently promoted to Associate Professor, and granted tenure, at Stetson University in NJ.

• Ivy Byun, BA’07 studied marriage and family therapy in graduate school; she currently works in the field of adoptions and is pursuing a Ph.D. in counselor education and supervision. Additionally, she and her husband are owners of a new professional ultimate Frisbee team, the Dallas Roughnecks. If you find yourself in Dallas, TX, go cheer them on!

• Tassy Hayden, BA ’07 is in her second year of practicing family medicine in Hillsboro, MO (in Jefferson County) with Mercy, and she thanks her psych training every day for giving her insight into and empathy for her patients. Tassy lives in South Saint Louis with her husband Bill Michalski, who is a graphic designer for Wash U.
Loren Guttmann Klein, BA '07 currently has a newborn baby and is taking a brief hiatus from her career as a special educator and social worker. Most recently, she worked at the New York City Department of Education in the division that supports schools in meeting the needs of 200,000+ students with disabilities. Her role was to provide education and support to families of students with disabilities, parent leaders, and advocates.

Nadya Maffei, BA '07 graduated in 2007, and currently resides in NYC with her husband and two young boys. Nadya works for Gilt Group in NYC.

Stefanie Potts Miller, BA '07 is doing well and living in southern California working as a regional admissions director for Indiana University.

Emily B Penn, BA '07 earned her Master of Social Work (MSW) from NYU in 2011 and is now a Licensed Clinical Social Worker. She works as a social worker at an outpatient healthcare facility and sees clients for psychotherapy at a mental health clinic.

Yoni Sarason, BA '07 is currently an MBA student at the University of Chicago Booth School of Business, looking to apply his interest in innovation and human-centered design.

Lisa Aufox, BA '08 went on to receive an MS in Human Factors from Bentley University and currently works as a User Experience Designer for Autodesk, Inc in San Francisco. As part of her job designing 3D software, Lisa employs several different user research methods, conduct usability testing, and make user flows and wireframes in order to create a better experience for their users.

Elizabeth (Schwartz) Burke, BA '08 is a psychotherapist in private practice, and owner of Empowered Therapy, Inc. in Chicago.

Jennifer Bush, BA '08 graduated from Fordham University with her Masters in Mental Health Counseling in 2012. She currently works for Google in Mountain View, CA as an HR Business Partner.

Marco Chacon, BA '08 is a High School teacher at a charter school in Kansas City. He has been teaching Psychology and Spanish for 6 years.

Jennifer Coane, PhD '08 was the recipient of a 2015 Scholar Award in Understanding Human Cognition from the James S. McDonnell Foundation. The $600,000 grant will support Jen's research on integrating new knowledge in semantic memory. She is also the recipient of an Early Career Award from the Department of Psychology at Illinois State University for 2015. Jennifer has recently received tenure at Colby College.

Mary Downey-Jones, BA '08 received her Masters in Guidance and Counseling from Missouri Baptist University. She is preparing to take the National Counselor Exam, which will make me a Provisionally Licensed Professional Counselor. Currently, Mary works at the Alzheimer's Disease Research Center with the DIAI Expanded Registry.

Eliana Hurwich-Reiss, BA '08 is currently in her final year at the child clinical psychology PhD program at the University of Denver, and will be going on clinical internship next year.

William Knapp, PhD '08 is currently employed as a Visiting Assistant Professor of Psychology at Eastern Oregon University. He has been busy building a mostly-open source experimental platform to deliver psychological experiments using Javascript. Find out more at http://openpsychology.org.

Meredith J. Nordbrock, BA '08 went on to receive a Master's in Industrial and Organizational Psychology, and is now working in the Workforce Surveys & Analytics group at CEB as a Senior Associate Client Advisor.

Matthew Riedel, BA '08 graduated from Columbia University for medical school and is currently an Orthopaedic Surgery resident at Harvard Combined Orthopaedic Surgery Program.

Steven Rose, BA '08 has been admitted to Columbia Business School, and will be pursuing an MBA starting this spring. He has worked in media for the past few years, first in TV production and later in television advertising sales. "I am thrilled for this next stage in my life/career, and don’t think it would have happened without my experience at Wash U."

Richard A Schatz, BA '08 recently finished his final year in an internal medicine residency and started a fellowship in gastroenterology and hepatology at the Medical University of South Carolina in July.

Mindy (Krischer) Shoss, BA '08 completed a doctorate degree in Industrial-Organizational Psychology at the University of Houston. She served on the faculty at Saint Louis University, and is now an Associate Professor of Psychology at the University of Central Florida.

Emily Katherine White, BA '08 is completing her pre-doctoral internship in clinical psychology at the University of North Carolina at Chapel Hill School of Medicine, within the Center of Excellence for Eating Disorders. She will graduate with a Ph.D. in December, 2016.

Denise Zona, PhD '08, her husband Kevin, and children Sol and Kai are at a lovely assignment in Germany. She is still working for the US Air Force as a Clinical Health Psychologist. Her current job title is Director of Psychological Health. Sol recently plans to go directly into the workforce as an IT person this year (he’ll take night courses to his degree); Kevin is teaching high school art and loves it. Kai has adjusted well to Germany - they spend every weekend outdoors.

Paul Anderson, BA '09 went to law school after Wash U and is now Associate General Counsel at Forbes Media LLC, working primarily on Forbes intellectual property and commercial matters worldwide.

Patrick Brown, PhD '09 is currently an Assistant Professor of Clinical Psychology (in Psychiatry) in the Division of Geriatric Psychiatry at Columbia University College of Physicians and Surgeons and the New York State Psychiatric Institute. He is investigating the clinical manifestation of frailty in older adults with depressive illness and whether this manifestation represents a greater degree of biological aging via its association with chronic inflammation.

Andrew Butler, PhD '09 is an assistant professor in the Department of Educational Psychology at the University of Texas at Austin. He is very happy at his job and living in Austin.

Brinda Dasharathy BA '09 currently works as an HR Compensation Analyst at Discovery Communications, Inc. located in the DC metro area.

Defne Dinler, BA '09 is a Somatic Counseling Psychotherapist with a private practice in Denver specializing in anxiety and PTSD for adults and teens. She uses action oriented therapeutic modalities that lead to healing the mind through the body.

Ashley Gold Parker, BA '09 is currently in her fifth year of a doctoral clinical psychology program at the University of Missouri - St. Louis. She lives in Brentwood, MO with her husband Stan Parker, who is also a Wash U alum.

Sarah Hill, BA '09 (nee Johnson) is currently completing a Doctoral Internship for her Doctorate of Clinical Psychology at Providence St. John’s Child and Family Development Center. She plans to defend and bind her dissertation in the spring and graduate, both in the summer of 2016. Sarah is married to Chris and have a 2 year old named Jackson.

Stefanie Klein, BA '09 is a human capital management consultant at Workday, a Bay Area cloud-based enterprise software company. She married Darrin Cohen earlier this year and the couple recently purchased their first home together in a Bay Area suburb.

Alison Kraus, BA '09 pursued a Master of Social Work in mental health from the Brown School following her Bachelor of Arts in Psychology. She has since worked in clinical direct practice and research capacities in behavioral health. She remains in the St. Louis area and currently works for Behavioral Health Network of Greater St. Louis, “a collective impact organization strengthening the system of care for those with mental health and substance use concerns in the region.”
• Kyle McGarty, BA ’09 is a licensed mental health counselor. He currently lives in NYC and opened a private psychotherapy practice in May, 2015.

• Jessica Meyer, BA ’09 taught for Teach For America after graduating. Then she taught at a KIPP school in DC; Jesse currently is the assistant principal at KIPP DC: Promise Academy.

• Thomas O’Brien, BA ’09 is earning a Ph.D. in Social Psychology and the Psychology of Peace and Violence at the University of Massachusetts Amherst. He is in Israel-Palestine conducting his dissertation research on the conditions under which intergroup solidarity in peace activism, whereby Jewish Israelis and Palestinians advocate together for a non-violent solution to the conflict, can promote hope and support for such a political arrangement, or negative emotions and backlash.

• Ryan L. Santens, BS ’09 continued on to graduate school WUSTL earning Master of Social Work and Master of Public Health degrees in Dec. 2012 from the Brown School of Social Work. After several jobs in the field, Ryan started his PhD studies in Community Health - Rehabilitation Counseling at the University of Illinois at Urbana-Champaign. His area of interest is adapting mindfulness based interventions for a variety of target populations with or at risk for developing chronic disease.

• Melissa Simkovic, BA ’09 is currently working as a CRNA at NYU Langone Hospital. She graduated from Columbia with a BSN and a Master of Science in Nurse Anesthesia.

• Jodi Smith, BA ’09 received her Master’s in Social Work in May, 2015. She is using her psychology undergraduate degree in her career as a LMSW; she is currently a social worker in palliative care, working with patients and families with serious illness in the hospital inpatient setting at Mount Sinai Beth Israel in New York City.

• Alexander Talkovsky, BA ’09 is currently a fifth-year Ph.D. student at the University of Houston in Clinical Psychology. He graduates this May. He will do his clinical internship at the James A. Haley Veterans’ Hospital in Tampa, FL.

• Tal Yarkoni, PhD ’09 has been selected as a Rising Star in the Association for Psychological Science. The Rising Star designation recognizes outstanding psychological scientists in the earliest stages of their research career post-PhD whose innovative work has already advanced the field and signals great potential for their continued contributions. At the University of Colorado at Boulder, Tal’s research focuses on psychoinformatics: the application of information technology to psychology, with the aim of advancing our ability to study the human mind and brain. Tal is interested in developing new ways to acquire, synthesize, and share data in psychology and cognitive neuroscience.

10s

• Nicholas Bloom, BA ’10 has been working for Deanna Barch (and colleagues) at the Wash U Med school campus in the Psychiatry department since 2010. As a research assistant (Professional Rater), he works on Eprime and Eyelink programming/task design, running subjects to collect data, and assisting with MRI scans.

• Stephanie K. Brewer, BA ’10 is a fourth year graduate student in the clinical psychology Ph.D. program at Loyola University Chicago, pursuing subspecialty training in child clinical psychology.

• Alissa Cooper, BA ’10 is a third year medical student at Alpert Medical School at Brown University.

• Hannah Eisen, BA ’10 is currently a 2nd year osteopathic medical student at Chicago College of Osteopathic Medicine at Midwestern University in Downers Grove, IL.

• Paul Fuchs, BA ’10 is currently an MD/MPH student and is in his last year of medical school at The University of Texas Medical School at Houston. He will be starting a psychiatry residency in July.

• Andrea Goldschmidt, PhD ’10 has been selected as a Rising Star in the Association for Psychological Science. The Rising Star designation recognizes outstanding psychological scientists in the earliest stages of their research career post-PhD whose innovative work has already advanced the field and signals great potential for their continued contributions. At the University of Chicago, Andrea’s work focuses on psychological and behavioral factors that predict weight outcomes among individuals who are overweight (e.g., binge-eating disorder).

• Matthew Kowalski, BA ’10 is currently working on a Ph.D. at the University of Oklahoma for microbiology and has a patent pending on his invention for collecting DNA using infrared laser ablations in an applied electric field.

• George H. McMurray, BS ’10 pursued a career in nursing shortly after graduating from Washington University. Currently he is a critical care nurse in an ICU at a local St Louis Hospital where “my degree in psychology plays a role in my everyday day life.”

• Olivia Mozzi, BA ’10 lives in downtown Indianapolis and works for Riley Children’s Foundation as the Camp Coordinator. (Camp Riley is a summer camp for youth with physical disabilities.) She is active with Washington University’s Alumni & Parents Admission Program (APAP).

• Laura Scherer, PhD ’10 is still trucking along at Mizzou as an Assistant Professor in the Psychology Department.

• Elena Stepanova, PhD ’10 is still here! This is now Elena’s third year as an Assistant Professor at the University of Southern Mississippi.

• Nora Tane, BA ’10 is currently living in Brooklyn, NY, and working in Manhattan for PR tech startup Muck Rack leading the Customer Success department.

• Ashley Adam, BA ’11 works at Netflix, focusing on artwork quality and innovation. They have multiple quantitative studies underway at any given time on user viewing behavior and specifically how subscribers respond to imagery. “I didn’t think it was possible, but most days I find myself drawing on all of my Wash. U. coursework (art, psychology, and film & media studies) and I’m so grateful for having had the freedom to grow those four years.”

• Benjamin A. Anderson, PhD ’11 is now an Assistant Professor of Psychology at Southwest Minnesota State University.

• Victor van den Bergh, BA ’11 is working as an educational researcher focused on informal learning at an evaluation firm in Cambridge, MA.

• Michelle P. Brown, BA ’11 is a 3rd year Ph.D. student at University of Minnesota in the Institute of Child Development completing a joint training program in Child Psychology and Clinical Psychology. Prior to entering her program, she spent a year as a full-time family counselor in Memphis while volunteering in a Clinical Psychology research lab and a year working as a Research Assistant in a child anxiety lab at The Johns Hopkins University School of Medicine.

• Alison Cohn, BA ’11 is in her fifth year of the Clinical PsyD Program at the Ferkau Graduate School of Psychology, Yeshiva University. She is currently completing my clinical internship at the Wilmington VAMC and intends to apply for post-doctoral programs in neuropsychology.

• Leah Flamm, BA ’11 is in school for physical therapy at the University of Maryland, Baltimore.

• Sangeeta Hardy, BA ’11 graduated from University of Chicago’s Social Service Administration program with an M.A. in 2013 and is currently a Program Specialist at the Health Research & Educational Trust (HRET), which is part of the American Hospital Association (AHA).

• Tiffany Jia-Yu Liu, BA ’11 went on to finish her MACC at the Olin School of Business at Wash U. She currently works at Goldman Sachs in Salt Lake City, UT and enjoys hiking, kickboxing, and trying out new restaurants.

• Julia Siegel, BA ’11 is a social worker at Mount Sinai Hospital in NYC. She works as a therapist in an intensive outpatient program for people with severe and chronic mental illnesses.
• Lauren Chelew, BA '12 is a Teach for America '12 Detroit alumnus. She received her Master's in Education from Oakland University, and is currently receiving another Master's in Social Work at the Wash U Brown School.

• Xenia Chiu, BA '12 spent one and a half years working at a law firm in NYC and another one and a half years working at the Brooklyn DA's office. In the fall of 2015, Xenia started her first semester at Northwestern Law to pursue a J.D. She is very happy with where she is at.

• Samuel Coster, BA '12 was recently declared cancer free in late 2015, after battling lymphoma for the past 2 years. He owns an independent game studio, Butterscotch Shenanigans, in St. Louis with his brothers. They released their new game Crashlands earlier this year. "Life is excellent."

• Simona Kaplan, BA '12 is doing well. Simona is currently at Temple University in her second year of the clinical psychology Ph. D. program, studying with Dr. Richard Heimberg.

• Eric Potter, BA '12 currently resides in Texas where he completed his first year of medical school this year. Eric is ecstatic to announce his marriage to fellow alumna, Dana (Zhao) Potter!

• Dakari Quimby, BA '12 is a Ph.D. candidate at Loyola University Chicago where his work has focused on designing and implementing a cross-age peer mentoring program for Black and Latino youth residing in several of Chicago's low-income, high violence neighborhoods. He is pursuing a career in providing therapy and designing interventions targeting youth and families from marginalized urban environments that capitalize on strengths within the community.

• Samantha Shapiro, BA ‘12 is currently a fourth year dental student at the Arizona School of Dentistry and Oral Health, and will be completing her residency in New York this year. "I am always so thankful for all the knowledge I learned as a psych major at Wash U."

• Kelly Theim, PhD '12 is enjoying being back in the DC area. She is working as a psychologist at a private multidisciplinary weight management center. Also, Kelly recently got married this past November.

• Chelsea Wiener, BA '12 is in her second year in the clinical psychology doctoral program at the University of Central Florida.

• Cynthia Wooldridge, PhD ‘12 is now an Assistant Professor at Washburn University in Topeka, KS.

• Matthew Carr, BS ’13 has been working on his Master's in School Counseling, with the hopes of working as a school counselor in a K-12 setting. He works part time with a before and after care program and volunteers part time for the Gay, Lesbian, Bisexual and Transgender National Help Center.

• Vivien Goh, BA '13 is currently an MD candidate at the University of Illinois College of Medicine at Chicago.

• Eunice Kiyoon Kwon, BA’13 is currently a first-year clinical student at Boston University School of Social Work, with a special focus on trauma and health inequities.

• Hannah Rosenbaum, BA ’13 is currently working on a Master’s in social work from the University of Chicago School of Social Service Administration.

• Emily Vanderbleek, BA ’13 is in the clinical psychology doctoral program at the University of Notre Dame, working with Lee Anna Clark. She researches personality disorders and also works at the ND Legal Aid Clinic. She will be spending her next year doing research in London.
In the News

2015

The following items are recent online articles citing the work of the Psychological & Brain Sciences faculty, postdocs and graduate students.

Richard Abrams
- Carrot or stick? Punishments may guide behavior more effectively than rewards
- Why the naughty step works: Punishment is better than reward at changing behaviour

Deanna Barch
- How Your Brain Is Wired Reveals the Real You
- 'Wiring diagrams' link lifestyle to brain function
- The brain’s wiring is linked to good – and bad – behavioral traits

John Baugh
- Are Linguistics The New Forefront Of Diversity Initiatives?

Ryan Bogdan and Caitlin Carey
- Marijuana dependence influenced by genes, childhood sexual abuse

Tim Bono
- It’s the little things: Why animals, sunsets and coffee make us happy
- Age DOESN’T bring happiness: Financial worries, social media and the rude reality of adulthood mean 'your 30s are no longer your happiest years'.
- ‘Happiness advantage’ over age 30 is vanishing, study finds
- The holiday season is not ‘the most wonderful time of the year’ for all—why winter blues impact us
- WashU Expert: Top 10 tips for a happier New Year

Brian Carpenter
- Washington University students simulate the effects of aging
- Curiosity: Brian Carpenter on Families, Aging, & Death
- Death Comes to Dinner

Juliette Iacovino
- Is Being Neurotic Bad for Your Health?

Joshua Jackson
- What Your Friends Think About You Could Predict How Long You’ll Live

Lori Markson
- Lori Markson gets grant to study optimism in children

Mark A. McDaniel
- Take note: Expert tips for academic success
- 6 Ways To Remember Anything

Mark A. McDaniel and Dung Bui
- Two Ways to Take Better Notes
- Pre-lecture diagrams help students take better notes, learn more
- Study: Students Learn Better When Lectures Come With Visual Aids

Kathleen McDermott and Adrian Gilmore
- Newly discovered brain network recognizes what’s new, what’s familiar

Henry L. Roediger III
- Research Shows These Four Things Will Make You a Peak Performer
- Building a memory palace: World’s top memory athletes
- The science behind the best memorisers in the world
- What Kinds of Homework Seem to be Most Effective?

Henry L. Roediger III, Mark A. McDaniel
- 4 strategies for remembering everything you learn

Jeff Zacks
- What Scientists Are Discovering About the Brain That Filmmakers Already Knew
- This Is Why We Cry When We Watch Films
- How Many TV Series Can Your Brain Take?
- Verge ESP: Space telescopes, Channing Tatum, and neuroscientist Jeffrey Zacks
- Fishing for the past: how the brain maps memory
Annual Department award winners

• Outstanding Teaching Assistant Award

The Outstanding Teaching Assistant Award for the 2014/2015 academic year was awarded to Ji Hae Lee. This award was created to recognize an individual TA who has gone beyond the requirements of their TAship and exhibited dedication to teaching.

“Ji Hae was one of the teaching assistants for the Introduction to Psychology course and simply one of the best TA’s I’ve worked with in my 22 years in the department. What distinguished Ji Hae from other outstanding TA’s is her care and concern for students along with an uncanny ability to anticipate Instructor needs. … She shouldered a disproportionate amount of the work in the course and did so without any hesitation or complaint. I would also add that she often organized work amongst the other TA’s in the course. Perhaps the strongest endorsement I can give her is that I would be delighted to have her as a TA for every single course I taught. … Ji Hae learned the (experimental psychology) software program for students to use in their own experiments, gave an excellent presentation on the use of the program and guided the students through the programming of their experiments. I was really impressed with Ji Hae’s quick grasp of the program (she had never used the program either) and her ability to creatively solve the students’ problems in programming their studies. She was just awesome in dealing with the students! … Her ‘can do’ spirit and delightful sense of humor make her a joy to have as a TA. I have very much enjoyed working with Ji Hae. She is clearly one of the best TAs in the department!”

• Outstanding Teaching Award

The Outstanding Teaching Award recipient for the 2014/2015 academic year was Denise Head. Dr. Head tries extremely hard to make class enjoyable and interesting for her students. For example, in her Psychology of Aging course, she has students complete an aging simulation activity. … Second, Dr. Head incorporates multiple methods to enhance learning. … Third, Dr. Head strives to share her teaching abilities with her students. She will meet with students to provide ideas on how to make class both engaging and informative. … Dr. Head excels as a teacher is her ability to incorporate feedback from students to make her courses more enjoyable and valuable. She frequently encourages her students to fill out evaluations at the end of the semester, and then strives to incorporate this feedback into her future courses. … Finally, in addition to educating her students about specific topics (e.g., aging, biological bases of behavior, etc.), Dr. Head also seeks to instill within her students skills that can be applied to many different areas in psychology. … Denise Head puts forth a lot of time and effort to make the learning experience both enjoyable and extremely valuable.
Awards & Accomplishments (continued)

Department Faculty

- **Professor Brian Carpenter** has been a Faculty member in the Clinical and Aging areas since the 1999-2000 academic year. Over the years he has accomplished much. This past year Brian has been recognized several times for his teaching, mentorship, research and community engagement. His recent work explores the ways family members work together to make decisions regarding older adults. He is the Director of the Clinical Geropsychology Lab at WashU and is the faculty lead for educational initiatives at the Friedman Center for Aging. Carpenter brings his work to life as a trusted partner with community organizations serving aging populations, listening to their needs as he conducts community-engaged research that informs community partner planning and builds capacity. He has also given a new generation of students a passion for working with older adults through interdisciplinary courses like “When I’m 64.”

Brian is the 2015 recipient of the Distinguished Clinical Mentorship Award presented by the Society of Clinical Geropsychology, affiliated with the Division 12, Clinical Psychology, of the American Psychological Association.

Brian received Washington University’s Hadas Teaching Award for the 2015-2016 academic year. This award honors and recognizes outstanding tenured faculty member in Arts & Sciences who demonstrate commitment and excellence in teaching first year undergraduate students.

Brian also received the WashU Gephardt Institute’s Achievement in Community Engagement Award. Brian’s research focuses on the clinical psychology of aging, with an emphasis on family relationships in late life.

- **Todd Braver** was elected to the Society of Experimental Psychologists. Todd joins fellow department faculty members Dave Balota, Larry Jacoby, Mark McDaniel, Kathleen McDermott, Roddy Roediger and Jeff Zacks.

- **Jan Duchek** received the 2015 Emerson Excellence in Teaching Award. Each year, Emerson recognizes teachers throughout the St. Louis metropolitan area with an Excellence in Teaching Award. This award recognizes teachers for their passion for teaching, their impact on student learning, and their knowledge and creativity.

- **Len Green** received a Certificate of Appreciation, from the Phi Beta Kappa Society, “in recognition of dedicated service to the Washington University Chapter of Phi Beta Kappa”.

- **Larry Jacoby** wins lifetime achievement award for contributions to experimental psychology. The Experimental Psychology Division (Division 3) of the American Psychological Association (APA) has awarded its 2015 Lifetime Achievement Award to Larry L. Jacoby, PhD, an internationally recognized scholar of human memory and a professor of psychology. In a career spanning more than four decades, he has made numerous influential contributions to both cognitive and social psychology, especially in the areas of human memory and cognitive aging.

  Jacoby is one of the world’s foremost researchers on the differences between consciously controlled and automatic memory processes, a distinction that’s useful for better understanding of age-related differences in memory performance and for improved diagnosis and treatment of memory deficits. He earlier received a Lifetime Achievement Award from the Association for Psychological Science and from the Society of Experimental Psychologists.

- **Josh Jackson** was recognized by the Graduate Student Senate of Arts & Sciences for the Excellence in Mentoring Award.

- **Henry L Roediger III** will receive the 2016 Norman Anderson Lifetime Achievement Award from the Society for Experimental Psychology and Cognitive Science. The Society of Experimental Psychologists awards the Lifetime Achievement Award annually for outstanding achievement in Experimental Psychology in the United States and Canada For those of you who may not know, the Society represents a division of the American Psychological Association (Division 3). Roddy will receive the award in August at the annual A.P.A. meeting and will give an invited address there. Larry Jacoby won this award in 2013.

- **Jeff Zacks** was elected fellow of AAAS in recognition of his distinguished efforts to advance science or its applications (see related article p.14). Jeff also became associate editor of two journals: “Cognitive Research: Principles and Implications,” and “Collabra.”
Awards & Accomplishments (continued)

Department Postdocs and Students

- **Samantha Allison** was a Spring 2015 Association for Psychological Science Student Grant Competition Winner and received the 2015 Society for Clinical Neuropsychology Dissertation Award. Her winning entry for both was “Developing a spatial navigation-related tool for detecting preclinical Alzheimer’s disease in the clinic.”

- **Andy Aschenbrenner** received an American Psychological Association Dissertation Research Award.

- **Caitlin Carey** received a National Science Foundation's Graduate Research Fellowship.

- **Shelly Cooper** received a National Science Foundation Graduate Research Fellowship.

- **Michelle Eisenberg** received a National Science Foundation Graduate Research Fellowship.

- **Adrian Gilmore** received a National Science Foundation's Graduate Research Fellowship and an American Psychological Association Dissertation Research Award.

- **Elizabeth Hawkey** received a National Science Foundation's Graduate Research Fellowship.

- **Anna Hood** is the recipient of a 2015-16 Mamie Phipps Clark Research Grant.

- **Caroline Merz** won the Lichtenberg Scholarship in Geropsychology for the second straight year. The Lichtenberg Memorial Scholarship is awarded to an academically gifted undergraduate or graduate student dedicated to a career helping older adults, as evidenced by rigorous clinical and volunteer work with seniors in the community. Caroline was also named website content editor of the Communications Committee for the American Psychological Association's Division 12/II (Society for Clinical Geropsychology).

- **Juliette McLendon-Iacovino** received a National Research Service Award as well as a Fellowship from the National Institutes of Health.

- **Anissa Mike, Joshua Jackson, PhD** and **Tom Oltmanns, PhD** won the Best Paper Award, *Journal of Research in Personality*.

- **Nicole Runge** received a National Science Foundation's Graduate Research Fellowship.

- **Julia Sheffield** received a National Research Service Award from the National Institute of Mental Health.

- **Kristin Van Engen, PhD** received a 2015 Editor’s Award from the Journal of Speech, Language, and Hearing Research for “the most meritorious single article” published in 2014 in the hearing section. *Enhancing Speech Intelligibility: Interactions Among Context, Modality, Speech Style, and Masker* Kristin J. Van Engen, Jasmine E. B. Phelps, Rajka Smiljanic, and Bharath Chandrasekaran

- **Blaire Weidler** received an American Psychological Association Dissertation Research Award.

- **Andrew Westbrook** received a National Research Service Award from NIH.

- **Yu-Hua Yeh** received a Taiwan Ministry of Education Scholarship.
We greatly appreciate donations from the following individuals to support the teaching and training of our undergraduate and graduate students. We apologize for any omissions due to the publication date.

- Agarwal, Pooja K.
- Barch, Deanna M.
- Becking, Marlene
- Brandling-Bennett, Erica
- Brophy, Dennis R.
- Cassidy, Omni L.
- Chasteen, Alison L.
- Collins, Jennifer Robin
- Cowen, David Scott
- Dalton, Raymond
- Devries, Jr., Philip B.
- Dietrich, David R.
- Dolan, Patrick
- Du, Wanjiang
- Eckland, Abbie
- Eckland, William S.
- Ellis, Henry C.
- Goldsteen, Robert A.
- Grodsky, Elizabeth Frey
- Hart-Cross, Elizabeth
- Hoppe, Carl F.
- Johnson, Douglas Neil
- Keck, Jonathan Waldo
- Kelly, Mysti
- Kennedy, Charles
- Kennedy, Theresa
- Koenig, Kathryn E.
- Lamp, Robert E.
- Mannino, Jean E.
- Markdasilva, Ana Marie
- McDermott, Kathleen B.
- Melinder, Jeffrey
- Melinder, Meredith R.D.
- Nord, Ann F.
- Nord, Walter R.
- Oltmanns, Thomas F.
- Orr, William C.
- Packingham, Kevin D.
- Pratt, James William
- Provine, Robert R.
- Redmore, Carolyn Denison
- Redmore, Derek
- Rickert, Charles Gerard
- Riles, Patricia Turner
- Roediger, III, Henry L.
- Roemmele, Laura
- Schild, Jessica Lynne
- Schreiber, Carol
- Schreiber, Robert
- Simons, Daniel Jay
- Strand, Julia
- Theim, Kelly
- Thomas, Nancy J.
- Thumin, Frederick J.
- Umanath, Sharda
- Walker, Lisa Odierna
- White, Roger L.
- Wise, Edward Allen
- Wraon, Jr., Henry Watts
- Zacks, Jeffrey M.
- Zacks, Leslie K.

John Stern was a strong believer in exposing undergraduates to psychological research and encouraging involvement in lab work. His memory will be honored with donations.

Making a gift online to the Psychological & Brain Sciences Department can be made by going to https://gifts.wustl.edu/giftform.aspx.

Please note where it says “I Want to Support” please indicate Arts & Sciences then Other - Arts & Sciences. Under this in the "Other" section indicate Psychological & Brain Sciences Department.

If you would like to honor John Stern's memory with a donation, besides the above indications, you also need to indicate “for the John Stern Memorial fund” in the “I prefer to enter my own designation (specify below). This fund will be used exclusively to support undergraduate research.

The faculty, undergraduate majors, graduate students and postdocs thank you for your support.
Names are listed counterclockwise starting from bottom right corner

Ilana Engel, Stephanie Langelle, Ariela Kaiser, Jeremy Reisman, Ruthie Shaffer, Geena Kandel, Alison Schreiber, Talia Cohen, Elan Reisner, Noah Eby, Zunaira Komal, Alice Guo, Jenny Ryoo, Theresa DiMascio, Samantha Kahn, David Grybinas, Dr. Sommers

Not shown - Jessica Weiss
## Psychology Department

### New Grant Funding

<table>
<thead>
<tr>
<th>Principal Investigator</th>
<th>Funding Organization</th>
<th>Grant Title</th>
</tr>
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<tbody>
<tr>
<td>Mark McDaniel</td>
<td>Indiana University</td>
<td>Enhancing Learning of Science Categories Through Guidance of Psychosocial Models of Classifications</td>
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<tr>
<td>Lauren Richmond</td>
<td>National Institutes of Health/ National Institutes on Aging</td>
<td>Training Long-Term Memory for Events</td>
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<td>Blaire Weidler</td>
<td>American Psychological Association</td>
<td>The Role of Action in Priming of Pop Out in Visual Search</td>
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<td>Adrian Gilmore</td>
<td>American Psychological Association</td>
<td>Familiarity Signals in Parietal Cortex: FMRI Characterization of a Parietal Memory Network</td>
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<tr>
<td>Andrew Aschenbrenner</td>
<td>American Psychological Association</td>
<td>Dynamic Adjustments of Cognitive Control in Healthy Aging: A Diffusion Model Analysis</td>
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<tr>
<td>Julia Sheffield</td>
<td>National Institutes of Health/ National Institutes of Mental Health</td>
<td>Trans-Diagnostic Relations between Functional Brain Network Integrity and Cognition</td>
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<td>Samantha Allison</td>
<td>Association for Psychological Science</td>
<td>Spatial Navigation Deficits in Preclinical Alzheimer’s Disease</td>
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<tr>
<td>Samantha Allison</td>
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<td>Todd Braver</td>
<td>National Institutes of Health/ National Institutes of Mental Health</td>
<td>Dual Mechanisms of Cognitive Control (Administrative Supplement)</td>
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<td>Lori Markson</td>
<td>University of Notre Dame</td>
<td>Are Children Optimists or Realists? A Developmental Investigation of Optimism</td>
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<tr>
<td>Juliette McClendon-Iacovino</td>
<td>National Institutes of Health</td>
<td>The Influence of Personality and Psychosocial Stress on Racial Disparities in Health Trajectories</td>
</tr>
<tr>
<td>Todd Braver</td>
<td>National Institutes of Health/ National Institutes of Mental Health</td>
<td>Neuroeconomics of Cognitive Effort</td>
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Jim Clancy
Arts & Sciences Outstanding Staff Award recipient

Jim Clancy, the administrative officer in the Department of Psychology, was nominated by multiple members of the department.

Jim has been the Administrator for the Department of Psychology since 2003, and he does an absolutely stellar job. He is responsible for a large range of activities in the department, cutting across all of our major functions...It’s hard to find someone in our department who plays a more central role in our day-to-day activities...Jim consistently displays an amazing ability to juggle multiple responsibilities simultaneously, to be absolutely unerring in his ability to follow through on all tasks, and to problem solve and think proactively about potential ramifications of various choice points...Perhaps the most characteristic quality of Jim’s management style is his open-minded, positive approach to problems of all sizes and types. If someone approaches him for help, his first response is always, “Let’s see how we might be able to make that happen.” He recognizes limits and will explain challenges to be faced, but he starts with the assumption that it is his role to figure out a solution.