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EDUCATION:

North Carolina State University, Raleigh, NC

Ph.D. in Psychology, emphasis on Lifespan Development 2019, expected

University of Mary Washington, Fredericksburg, VA

B.S. in Psychology and Music, Magna Cum Laude 2013

RESEARCH EXPERIENCE:

Adult Development Lab, North Carolina State University

Research Assistant 2014 - present

Advisor: Thomas M. Hess, Ph.D.

Daily Well Being in Adulthood Lab, North Carolina State University 2018 - present

Research Assistant on Alzheimer's Project

Advisor: Shevaun D. Neupert, Ph.D.

University of Mary Washington

Research Team Member 2012-2013

Advisor: Hilary E. Stebbins, Ph.D.

TEACHING EXPERIENCE:

North Carolina State University

Instructor of Record Summer 2018

Developmental Psychology (Undergraduate Course)

PEER REVIEWED MANUSCRIPTS:

Growney, C. M. & Hess, T. M. (in press). The influence of mood versus relevant self-perceptions in older adults' interest in negative health-related information. *Psychology and Aging*.

Hess, T. M., **Growney, C. M.**, & Lothary, A. F. (2018). Motivation moderates the impact of aging stereotypes on effort expenditure. *Psychology and Aging*. Advance online publication. doi: 10.1037/pag0000291

Hess, T. M., **Growney, C. M.,** O'Brien, E. L., Neupert, S. D., & Sherwood, A. (2018). The role of cognitive costs, attitudes about aging, and intrinsic motivation in predicting engagement in everyday activities. *Psychology and Aging*, *33*, 953-964. doi: 10.1037/pag0000289

- **Growney, C. M.** & Hess, T. M. (2017). Affective influences on older adults' attention to self-relevant negative information. *Journals of Gerontology: Series B: Psychological Sciences*, 00, 1-10. doi: 10.1093/geronb/gbx108
- Hess, T. M., Popham, L. E., & **Growney, C. M.** (2017). Age-related effects on memory for social stimuli: The role of valence, arousal, and emotional responses. *Experimental Aging Research*, *43*, 105-123. doi: 10.1080/0361073X.2017.1276374
- Hess, T. M., O'Brien, E. L., **Growney, C. M.**, & Hafer, J. G. (2017). Age differences in the use of descriptive and experiential information in decision making. *Aging, Neuropsychology, & Cognition*, 1-20. doi: 10.1080/13825585.2017.1327014
- ¹Callaghan, K. T. & **Growney, C. M.** (2013). The impact of music and mood on creative thinking. *Psi Chi Journal of Psychological Research, 18,* 164-169.

CHAPTERS:

Hess, T. M., O'Brien, E. L., & **Growney, C. M.** (2018). Blood Pressure as a biomarker method in gerontological research: Theoretical, empirical, and methodological considerations. In B. Knight (Ed.), Oxford *Research Encyclopedia of Psychology*. New York: Oxford University press.

MANUSCRIPTS UNDER REVIEW OR IN PROGRESS:

Growney, C. M. & Hess, T. M. (in prep.). *Health and motivation as predictors of engagement in cognitively demanding activities: A longitudinal analysis.*

PRESENTATIONS:

- **Growney, C. M.** & Hess, T. M. (2018, November). Older adults' interest in negative health-related information: The influence of mood vs. relevant self-perceptions. Poster to be presented at Gerontological Society of America Conference, Boston, MA.
- Lothary, A. F., **Growney, C. M.,** & Hess, T. M. (2018, November). *Longitudinal relationship between cognitive costs and need for cognition.* Poster to be presented at Gerontological Society of America Conference, Boston, MA.
- **Growney, C. M.,** Lothary, A. L., & Hess, T. M. (2018, May). Aging and effort expenditure: The impact of motivation and stereotype activation on cognitive engagement. Poster presented at Cognitive

¹ First and second authors were equal contributors.

- Aging Conference, Atlanta, GA.
- **Growney, C. M.**, O'Brien, E. L., & Hess, T.M. (2017, July). The effects of aging beliefs and perceptions of effort on task engagement under cognitive fatigue. Poster presented at the quadrennial meeting of the International Association of Gerontology and Geriatrics, San Francisco, CA.
- **Growney, C. M.** & Hess, T. M. (2017, March). *Older adults' attention to self-relevant negative information: Using mood as a resource.* Poster presented at the 12th annual NC State Graduate Student Research Symposium, Raleigh, NC.
- **Growney, C. M.** & Hess, T. M. (2016, July). *The effect of motivated engagement on well-being in a cross-cultural sample*. Poster presented at Aging As Future Conference, Nuremberg, Germany.
- Lee, E. A., **Growney, C. M.**, & Hess, T. M. (2016, April). *Age differences in the use of descriptive and experiential information in decision-making*. Poster presented at Cognitive Aging Conference, Atlanta, GA.
- Bellingtier, J. A., **Growney, C. M.,** Zhang, S., & Neupert, S. D. (2016, April). *Health benefits of volunteering:* Evidence for contributions beyond personality. Poster presented at Southern Gerontological Society Conference, Charlottesville, VA.
- **Growney, C. M.**, Hess, T. M., & Popham, L. E. (2015, November). *Approach/avoid tendencies as a moderator of the positivity effect in memory for social stimuli*. Poster presented at Gerontological Society of America Conference, Orlando, FL.
- Stebbins, H. E., **Growney, C. M.**, Peters, M., & Vanous, J. (2013, May). *The interaction between emotional expressions and gender of face targets in the attentional blink*. Poster presented at Association for Psychological Sciences convention, Washington, D.C.
- **Growney, C. M.**, Peters, M., & Vanous, J. (2013, April). *The effect of arousing emotional facial expressions on the positivity effect in older adults*. Presentation at Virginia Psychological Association conference, Richmond, VA.

UPCOMING PRESENTATIONS:

O'Brien, E. L & **Growney, C. M.** (abstract submitted). Submitted for presentation at the American Psychological Association Conference, Chicago, IL.

RESEARCH SKILLS:

Administering cognitive tests

e.g., Mini Mental Status Exam, Short-Blessed Orientation-Memory-Concentration Test, WAIS-III Digit Symbol Substitution, WAIS-III Letter Number Sequencing, Stroop, Plus-Minus.

Creating computerized experiments using E-Prime software

e.g., using package calls, coding for serial response box and write ports.

Using equipment and software to record physiological response

e.g., continuous noninvasive arterial pressure device (CNAP), BioPac MP-150, AcqKnowledge.

Working with unique participant populations

e.g., Individuals with cognitive impairment; Amazon Mechanical Turk (MTurk) workers

STATISTICS SKILLS AND PROGRAMS:

Multilevel modeling (MLM) analyses: SAS

Structural equation modeling (SEM) analyses: MPlus; AMOS

Multilevel structural equation modeling (MSEM) for longitudinal analyses: MPlus

Basic statistical analyses: SPSS; R (introductory knowledge)

ADDITIONAL RELEVANT EXPERIENCE:

University of Rochester Medical Center

Geriatric Psychiatric Specialist

2013-2014

Provided specialized care for patients with cognitive impairment (e.g., dementia, Alzheimer's, stroke, traumatic brain injury, mental illness).

Gerontologist Karen Sands, MCC, BCC.

Intern 2013-2014

Researched current issues of importance to the aging population and those who serve the aging population, maintained WordPress blogs.

SERVICE AND RELEVANT VOLUNTEER WORK:

Student co-reviewer 2015 - present

Contributed to peer reviews for:

Journal of Gerontology: Psychological Sciences

Psychology and Aging

Aging, Neuropsychology, and Cognition

Journal of Aging and Mental Health

NCSU Visiting day graduate student coordinator and liaison 2016; 2017

Organized meeting schedule and assisted with visiting day activities

St. Bernadette homebound volunteer 2014 - present

Visit and spend time with individuals who are homebound, in nursing homes,

or temporarily hospitalized

Kindergarten volunteer at Smith Magnet Elementary School 2014 - present

Assist with literacy and math assessments and interventions

Chairperson for Volunteering with the Elderly as a part of UMW's COAR	2009-2013
(Community Outreach and Resources)	

Organized regular visits and special events at Carriage Hill Nursing home

HONORS AND AWARDS:

Best Student Poster, Southern Gerontological Society Conference	2016
"I Care" Award for compassionate care of patients, University of Rochester	2014
Medical Center	
President's List, University of Mary Washington	2012-2013
Dean's List, University of Mary Washington	2009-2011
"Do Gooder" Award for volunteering with the elderly, University of Mary	2010
Washington	
Honors Admission Scholarship, University of Mary Washington	2009-2013

PROFESSIONAL AND HONOR SOCIETIES:

American Psychological Association
Division 20: Aging and Adult Development
Gerontological Society of America
Association for Psychological Sciences
Psi Chi, International Honor Society in Psychology
Mu Phi Epsilon, International Honor Society in Music

RESEARCH INTERESTS:

Healthy aging; Cognitive development in older adulthood; Aging, affect, and cognition; Decision-making in older adulthood; The impact of mood, self-perceptions, and mindsets on engagement in healthy behaviors; Patterns of development for individuals with varying degrees of cognitive impairment.

TEACHING INTERESTS:

Lifespan development; Aging; Affect and Cognition.

REFERENCES:

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